

# Oak Park Active Living Centre

Pool timetable during Summer holidays Monday 21<sup>st</sup> July to  
Sunday 31<sup>st</sup> August 2025

## Monday

7am to 1:30pm	Public swim and lane swim – 3 lanes (main pool)
9am to 10:30am	Toddler Splash (teaching pool)
10:30am to 11:30am	Public swim (teaching pool) booking advised
11:30am to 12:30pm	Public swim (teaching pool) booking advised
12:30pm to 1:30pm	Aqua-therapy (teaching pool) assessment required
2pm to 3:30pm	Floats fun session (main pool and teaching pool) booking advised
4pm to 6pm	Adult lane swim – 2 lanes (main pool)
6pm to 8pm	Public swim (main pool)
6:30pm to 8pm	Lane swim – 3 lanes (main pool and teaching pool)
8pm to 9pm	Aquafit (main pool and teaching pool) booking advised
9pm to 10pm	Adult only swim (main pool)

## Tuesday

7am to 11:30am	Public swim and lane swim – 3 lanes (main pool)
8:30am to 9:30am	Public swim (teaching pool) booking advised
9:30am to 10:30am	Public swim (teaching pool) booking advised
10:30am to 11:30am	Public swim (teaching pool) booking advised
11:30am to 12:30pm	Aquafit (main pool and teaching pool) booking advised
12:30pm to 1:30pm	Public swim and lane swim – 3 lanes (main pool and teaching pool)
2pm to 3:30pm	Inflatable fun session (main pool, floats in the teaching pool) booking advised
4pm to 8pm	Adult lane swim – 2/3 lanes (main pool)
6pm to 8pm	Floats fun swim (teaching pool)
6pm to 8pm	Public swim (main pool)
8pm to 9pm	Aqua-therapy (teaching pool) assessment required
8pm to 10pm	Adult lane swim – 8 lanes (main pool)

## Wednesday

7am to 1:30pm	Public swim and lane swim – 3 lanes (main pool)
8am to 9am	Aqua-therapy (teaching pool) assessment required
10:30am to 11:30am	Public swim (teaching pool) booking advised
11:30am to 12:30pm	Public swim (teaching pool) booking advised
12:30pm to 1:30pm	Public swim (teaching pool) booking advised
2pm to 3:30pm	Floats fun session (main pool and teaching pool) booking advised
4pm to 7:30pm	Lane swim – 2/3 lanes (main pool)
6pm to 7:30pm	Public swim (teaching pool)
6pm to 8:30pm	Public swim (main pool)
8:30pm to 10pm	Adult lane swim – 4 lanes (main pool)



## Thursday

6am to 1:30pm	Public swim and lane swim – 3 lanes (main pool)
9am to 10:30am	Splash and Play (teaching pool) booking advised
10:30am to 11:30am	Public swim (teaching pool) booking advised
11:30am to 12:30pm	Public swim (teaching pool) booking advised
12:30pm to 1:30pm	Public swim (teaching pool) booking advised
2pm to 3:30pm	Inflatable fun session (main pool and floats in the teaching pool) booking advised
4pm to 7:30pm	Adult lane swim – 2/3 lanes (main pool)
6:30pm to 7:30pm	Floats fun session (teaching pool)
6pm to 7:30pm	Public swim (main pool)
9pm to 10pm	Adult lane swim (main pool)

## Friday

7am to 11:30am	Public swim and lane swim – 3 lanes (main pool)
11:30am to 12:30pm	Aquafit (main pool and teaching pool) booking advised
12:30pm to 1:30pm	Public swim and lane swim – 3 lanes (main pool and teaching pool)
2pm to 3:30pm	Floats fun session (main pool and teaching pool) booking advised
4pm to 7:30pm	Adult lane swim – 2/3 lanes (main pool)
6pm to 7:30pm	Public swim (main pool)
6:30pm to 7:30pm	Public swim (teaching pool)
9pm to 10pm	Adult lane swim – 8 lanes (main pool)

## Saturday

8am to 9am	Public swim and lane swim – 2 lanes (main pool)
8am to 1:15pm	Public swim (main pool)
11:30am to 1:15pm	Lane swim – 3 lanes (main pool)
12pm to 1pm	Family swim (teaching pool) booking advised
1pm to 2pm	Family swim (teaching pool) booking advised
1:45pm to 2:45pm	Inflatable fun session (main pool) booking advised
2pm to 3pm	Floats fun session (teaching pool) booking advised
3pm to 4pm	Inflatable fun session (main pool) booking advised
3pm to 4pm	Family swim (teaching pool) booking advised

## Sunday

8am to 5pm	Public swim and lane swim – 1/3 lanes (main pool)
10am to 11am	Family swim (teaching pool) booking advised
11:15am to 12:15pm	Floats fun swim (teaching pool) booking advised
12:30pm to 1:30pm	Family swim (teaching pool) booking advised
1:45pm to 2:45pm	Floats fun swim (teaching pool) booking advised
3pm to 4pm	Family swim (teaching pool) booking advised



To book Aquafit and swim sessions please [book here](#)

To complete an Aqua-therapy assessment form [click here](#)

## Walsall Leisure Child Admission Policy

- All children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
- In public swimming sessions, in all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
- In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4
- Management may use their discretion to amend these ratios.

