

Swimming Programme

Main Pool

Summer
Holidays
Monday 21 July -
Sunday 31 August
2025

The centre will be closed on bank holiday Monday 25 August

		06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00							
Monday	Lane 1			Public Swimming 7.30am – 10.00am							Public Swimming 10.30am – 3.30pm											Swim Academy 4.00pm – 6.00pm			Aquafit* 6.15pm – 7.00pm *Booking Recommended	Swimming Club 7.00pm – 9.00pm														
	Lane 2																																							
	Lane 3																																							
	Lane 4																																							
	Lane 5				Lane Swim 7.30am – 10.00am							Lane Swimming 10.30am – 3.30pm																												
	Lane 6																						Lane Swim 4.00pm – 6.00pm																	
Tuesday	Lane 1		Public Swimming 6.30am – 10.00am							Ladies Only 10.00am – 11.00am	Public Swimming 11.00am – 1.00pm				Floats Fun Session 1.30pm – 3.00pm					Swim Academy 4.00pm – 6.00pm			Public Swimming 6.15pm – 8.00pm		Adults Only 8.00pm – 9.00pm															
	Lane 2																																							
	Lane 3																																							
	Lane 4																																							
	Lane 5		Lane Swimming 6.30am – 10.00am								Lane Swimming 11.00am – 12.15pm		Adult Lessons 12.15-1.15pm											Lane Swim 4.00pm – 6.00pm		Lane Swimming 6.15pm – 8.00pm														
	Lane 6																																							
Wednesday	Lane 1		Public Swimming 6.30am – 10.00am							Public Swimming 10.30am – 1.00pm				Inflatable Fun Session 1.30pm – 3.00pm					Swim Academy 4.00pm – 6.00pm			Public Swimming 6.15pm – 8.00pm		Adults Only 8pm – 9pm																
	Lane 2																																							
	Lane 3																																							
	Lane 4																																							
	Lane 5		Lane Swimming 6.30am – 10.00am								Lane Swimming 10.30am – 1.00pm												Lane Swim 4.00pm – 6.00pm		Lane Swimming 6.15pm – 8.00pm		Adult Lessons 8pm – 9pm													
	Lane 6																																							
Thursday	Lane 1		Public Swimming 6.30am – 10.00am							Public Swimming 10.30am – 1.00pm				Floats Fun Session 1.30pm – 3.00pm					Swim Academy 4.00pm – 5.00pm			Public Swimming 5.15pm – 9.00pm																		
	Lane 2																																							
	Lane 3																																							
	Lane 4																																							
	Lane 5		Lane Swimming 6.30am – 10.00am								Lane Swim 10.30am – 1.00pm												Lane Swim 4-5pm		Lane Swimming 5.15pm – 9.00pm															
	Lane 6																																							
Friday	Lane 1			Public Swimming 7.30am – 10.00am							Public Swimming 10.30am – 3.30pm											Swim Academy 4.00pm – 5.30pm			Public Swimming 5.15pm – 6.30pm		Swimming Club 6.30pm – 8.30pm			Adults Only 8.30pm – 9.30pm										
	Lane 2																																							
	Lane 3																																							
	Lane 4																																							
	Lane 5				Lane Swim 7.30am – 10.00am							Lane Swim 10.30am – 3.30pm																												
	Lane 6																						Swim Academy 4.00pm – 5.30pm				Lane Swim 5.30pm – 6.30pm													
Saturday	Lane 1			Swim Academy 8.00am – 10.30am							Public Swimming 10.15am – 12.30pm				Inflatable Fun Session 1.00pm – 2.30pm			Public Swimming 3.00pm – 5.00pm																						
	Lane 2																																							
	Lane 3																																							
	Lane 4																																							
	Lane 5																																							
	Lane 6																																							
Sunday	Lane 1				Public Swimming 8.00am – 12.00pm																																			
	Lane 2																																							
	Lane 3																																							
	Lane 4																																							
	Lane 5				Lane Swimming 8.00am – 12.00pm																																			
Lane 6																																								

Walsall Leisure Child Admission Policy

- All children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
- During public swimming sessions; In all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
- In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4 – Management may use their discretion to amend these ratios.

Staff training: Please be aware that we host monthly staff training which may result in amendments to this programme. All changes will be posted in


Teaching Pool

	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00
Monday				Public Swim 7.30am – 8.45am		Crash Course Swimming Lessons 9.00am-11.00am							Public Swimming 11.30am - 3.30pm							Swim Academy 4.00pm – 6.00pm				Public Swimming 6.00pm – 7.00pm		Swim Club 7.00pm – 9.00pm				
Tuesday		Public Swimming 6.30am – 8.45am				Crash Course Swimming Lessons 9.00am-11.00am					Toddler Splash 11.30am - 1.00pm				Floats Fun 1.30pm - 3.00pm					Swim Academy 3.30pm – 7.00pm						Public Swimming 7.00pm – 9.00pm				
Wednesday		Public Swimming 6.30am – 8.45am				Crash Course Swimming Lessons 9.00am-11.00am					Public Swimming 11.30am - 1.00pm				Fun Session 1.30pm - 3.00pm					Swim Academy 4.00pm – 6.00pm						Public Swimming 6.15pm - 9.00pm				
Thursday		Public Swimming 6.30am – 8.45am				Crash Course Swimming Lessons 9.00am-11.00am					Public Swimming 11.30am - 1.00pm				Fun Session 1.30pm - 3.00pm					Swim Academy 4.00pm – 5.00pm						Public Swimming 5.15pm - 9.00pm				
Friday			Public Swimming 7.30am – 10.00am									Public Swimming 11.30am - 3.30pm								Swim Academy 4.00pm – 5.00pm				Public Swimming 5.15pm - 6.30pm		Swim Club 6.30pm – 9.00pm				
Saturday				Swim Academy 8.00am – 11.00am						Public Swimming 11.00am - 12.30pm					Fun Session 1.00pm - 2.30pm					Public Swimming 3.00pm - 5.00pm										
Sunday							Public Swimming 8.00am - 12.00pm						Public Swimming 12.30pm - 3.00pm							Swim Club 3.00pm – 5.15pm										

Contact our team who will be happy to advise and help with your enquiry.

Darlaston Swimming and Fitness Centre

Victoria Road, Darlaston, Walsall WS10 8AP

Tel: 01922 652255 www.walsall.gov.uk/leisure  @DarlastonPool



Walsall Leisure