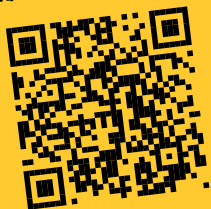


0-5 Years Newsletter

Our newsletter will provide you with information about your local groups, Family Hubs and ideas of activities to do at home.

Take a look at our Family Hubs website to find out more about whats on offer;
<https://www.walsallfamilyhubs.co.uk/find-activity#main>



Website: Walsall Family Hubs

Email: familyhubs@walsall.gov.uk

 Walsall Families in the Know



Walsall Council



Summer Adventure 2025

We are thrilled to introduce the Summer Learning Passport, a fantastic initiative designed to help your child become school-ready throughout the summer break

Help your child stay curious, confident, and ready for September with our Summer Adventure Passport! Packed with fun, simple activities you can do together, from exploring outdoors to sharing stories. It's a great way to support their development while making summer memories.

Pick up your passport from a Family Hub or a Library from the 11th July 2025



What is the Summer Learning Passport?

The Summer Learning Passport is a special booklet filled with a variety of activities and challenges for your child to complete over the summer. These activities are designed to be both enjoyable and educational, covering a range of subjects including developing independence, playing and socialising, eating and drinking, speaking, listening and understanding, reading, writing, and fostering a love for learning.

How Does It Work?

- **Receive the Passport:** You can register and collect your child's Summer Learning Passport from your local family hub or library from 11th July 2025
- **Complete Activities:** Throughout the summer, your child can choose from a wide range of activities listed in the passport. Each activity is not only fun but also focuses on a key area of development for your child. Upon completion, each activity earns them a stamp.
- **Track Progress:** As your child completes activities, they can track their progress in the passport. This keeps them motivated and provides a sense of accomplishment.
- **Celebrate Achievements:** When you register for your child's passport, you will automatically be entered into a prize draw. Additionally, you and your child will receive a certificate.

Why Participate?

- **Keep Learning Fun:** The activities are designed to be enjoyable and engaging, making learning a fun part of your child's summer.
- **Prepare for School:** By participating in educational activities, your child can learn new skills, gain new experiences, and be introduced to key concepts they can further develop when they start school.
- **Support for You:** The activities and information shared with you will help you understand how to support your child in becoming school-ready and inform you about the services available to assist you throughout this journey.
- **Family Involvement:** Many activities are designed to be done with family members, providing a great opportunity for quality time together.

When do the activities start?

The activities will start in the Summer Holiday starting July 21st 2025, including weekday and weekend activities, and virtual workshops etc.

Where are the Activities?

Walsall Family Hub teams are proud to collaborate with the **Art Gallery, Voluntary Community Sector, Library, NHS Health Visitors, Leisure Centres, Arts Connect** and the **National Literacy Trust** to bring you a variety of fun and exciting activities. These include arts and crafts, treasure hunts, going on a bear hunt, sports days, tiny rangers, toilet training workshops, virtual family workshops, storytelling sessions, Lego, and so much more!




For a full list take a look at Family Hubs website to see what's on offer and where to get your passport from.



West Activity Timetable for 0 – 5 years

Serving; Willenhall North & Willenhall South, Bentley & Darlaston North, Darlaston South

West Family Hub, Ilmington House, Crescent Road, WS10 8AE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9.15 – 11.15 ○ Baby & Toddler Group @ The Salvation Army, The Leys, Darlaston, WS10 8DP - 90p for adults / 70p children per session, No booking required (0-4 yrs)	09:00 – 11:00 ○ Toddler Splash @ Darlaston Swimming & Fitness Centre, Victoria Rd, Darlaston, Walsall WS10 8AP – no booking required	09:00-12:00 ○ Parent & Toddler group @ Church on The Corner, 1 King Charles Avenue, Bentley WS2 0DL, No booking just come along, £1 per child	09:30 – 14:30 ● Walsall Works drop in for families @ West Family Hub Ilmington House, Crescent Rd, WS10 8AE	09:00-12:00 ○ Parent & Toddler group @ Church on The Corner, 1 King Charles Avenue, Bentley WS2 0DL, No booking just come along, £1 per child	1:00 – 2:30 ○ Fun And Floats @ Darlaston Swimming & Fitness Centre, Victoria Rd, Darlaston, Walsall WS10 8AP
	09:15-12:00 ● Baby Clinics @ West Family Hub. Call 01922 605246 to book (15 July, 12 August, 09 September)	09.15 – 11.15 ○ Baby & Toddler Group @ The Salvation Army, The Leys, Darlaston, WS10 8DP - 90p for adults / 70p children per session, No booking required (0-4 yrs)	09:30 - 11:30 ● Bump to Baby (pregnancy to 12 months) @ West Family Hub (3rd July) Meet other parents and join in with activities focusing on a positive start to parenthood. To book, email familyhubs.wellbeing@walsall.gov.uk	10:00 ○ Baby Rhyme Time @ Willenhall Library, 1 Walsall St, Willenhall WV13 2EX. (0 – 18 months) Free of charge, no booking required.	10:30 – 11:30 ● Lego Club @ Willenhall Library, 1 Walsall St, Willenhall WV13 2EX. (0 – 5 yrs) Free of charge, please call 01922 650771 to book. (2nd August)
	09.15 – 11.15 ○ Baby & Toddler Group @ The Salvation Army, The Leys, Darlaston, WS10 8DP - 90p for adults / 70p children per session, No booking required (0-4 yrs)	09.30-11.30 ○ Frankie's Parents and Tots @ The Hive Community Hub, The Square, Lichfield Road, New Invention, Willenhall, WV12 5EA- £1 per child, No booking required (0-3 years)	10:00 ○ Story tots @ Willenhall Library, 1 Walsall St, Willenhall WV13 2EX – Free, No booking required	10:00- 10:45 ○ Rhymetime @ Darlaston Community Library, 1 King St, Darlaston, Wednesbury WS10 8DE term time only. No booking required.	10.30 - 12.30 ● Dads Stay and play @ West Family Hub No booking required (12th July, 9th August, 13th September.)
	9:30-10:30 ● PEEP Story Time Stay & Play @ West Family Hub Free - No booking required (1st July / 15th July / 9th September / 23rd September)	10:00 ○ Storytime & Craft @ Willenhall Library, 1 Walsall St, Willenhall WV13 2EX – Free, please call 01922 650771 to book your place.	10:00- 11:00 ● Stay & Play, (0-5 yrs) @ West Family Hub. No booking required. 3rd, 10th, 17th July, 4th, 11th, 18th, 25th September	10:00 – 11:30 ● Baby Rhyme Time @ Willenhall Library, 1 Walsall St, Willenhall WV13 2EX. (0 – 18 months) Free of charge, please call on 01922 650771 to book your place (1st & 8th August)	
	10:00-12:00 ● Treasure Hunt @, West Family Hub. (19th August) Book by emailing familyhubs.wellbeing@walsall.gov.uk Must have a baby under 3 – siblings welcome.	10:00 – 12:00 ○ Hive Parent and Tots @ The Hive Community Hub, The Square, Lichfield Road, New Invention, WV12 5EA. No booking required.	24th July - People Who Help Us 31st July - Sports Day 7th August - Exploring Nature 14th August - Mark making & exploring numbers 21st August - Exploring Stories	10:00-12:00 ● Let's get messy @ West Family Hub (15th August) Book by emailing familyhubs.wellbeing@walsall.gov.uk Must have a baby under 3 – siblings welcome.	

Key: ● Family Hubs




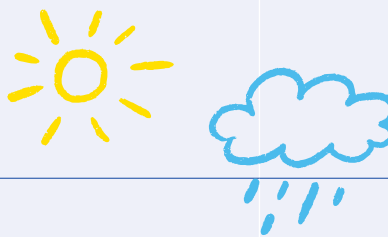
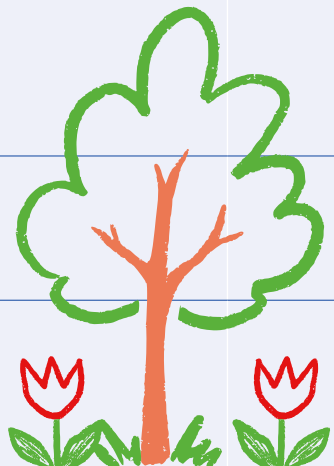
● Summer Adventure Passport

○ Community

Remember to always contact groups before attending in case of any changes.

West Activity Timetable for 0 – 5 years

Serving; Willenhall North & Willenhall South, Bentley & Darlaston North, Darlaston South

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	12.30 – 2.30 Tiny Tearaways Stay & Play @ Willenhall Chart Centre, Gomer Street, WV13 2NS - £2 per child, No booking required (0-5yrs)	10:00- 10:45 Rhymetime @ Darlaston Community Library, 1 King St, Darlaston, Wednesbury WS10 8DE term time only. No booking required.	10:00 – 11:00 Stay & Play, (0-5 yrs) @ West Family Hub, Ilmington House, Crescent Road, WS10 8AE (28th August, 4th, 11th, 18th, 25th September) No booking required.	10:30 – 11:30 Friday Rhyme time @ Darlaston Community Library, (0 – 5 years) Free of charge, please call 01922 654777 to book your place (25th July)	
 <div> <p>Register your baby's birth @ West Family Hub. To book, visit the Walsall Council website here</p> </div>		10:30 – 12:00 Toilet Training Workshop @ Willenhall Chart, 19 Gomer Street, Willenhall WV13 2NS (13th August) - please call the SPA to book your place on 01922 603074	10:30 – 11:30 Story & craft session @ Willenhall Library, 1 Walsall St, Willenhall WV13 2EX. (0 –5 yrs) Free of charge, please call 01922 650771 to book your place (14th & 21st August)	<div> <p>COMING SOON: Baby Massage! email familyhubswellbeing@ walsall.gov.uk for more information.</p> </div>	
			11:00 – 1:00 Toddler Splash @ Darlaston Swimming & Fitness Centre, Victoria Rd, Darlaston, Walsall WS10 8AP – no booking required		
<div> <p>Did you know you can join our Parent Carer Panel to help shape Walsall Family Hubs?</p> <p>For more information and to sign up, visit the Parent Carer Panels website. USE QR CODE</p>  </div> 			11:00 – 2:00 Baby & Toddler Disco (0-5yrs) @ West Family Hub. (24th July) book your place here: https://www.eventbrite. co.uk/o/the-mindkind- projects-90349438723	 	
			11:30-1:00 Mom's Pamper Session with Children's Activities (0-5yrs) @ West Family Hub. (14th August) book your place here: https://www.eventbrite. co.uk/o/the-mindkind- projects-90349438723		
			12:30- 2:00 Breastfeeding group @ West Family Hub. No need to book just turn up.		
			1:00- 3:00 Let's Craft @ West Family Hub. (31st July) Book by emailing familyhubs@walsall.gov.uk		

Starting school is a big milestone—for children and parents alike. Our virtual workshop is designed to support parents and carers as their child prepares to enter an education setting or school this September. We'll explore practical ways to nurture your child's development and learning at home, build confidence for the transition, and share tips to help your child settle in and thrive. Whether it's your first time or you're looking for a refresher, join us for an informative and supportive session. 22nd July - 14:30/ 14th July 18:30 / 22nd August 10:00
To book email familyhubs@walsall.gov.uk

North Activity Timetable for 0 – 5 years

Serving; Leamore, Blakenall, Bloxwich East & Bloxwich West

North Family Hub, 275 Blakenall Lane, Walsall WS3 1HJ

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11.30 – 1:00 ○ Toddler Splash @ Bloxwich Active Living Centre, High St, Bloxwich, Walsall WS3 2DA - £5.50 per adult and child, Call 01922652900 to book your place	10:00 - 12:00 ● Tiny Treasures @ West Family Hub. Booking required please email familyhubs@walsall.gov.uk Must have a baby under 3- siblings welcome	09:30-11:00 ● Walsall Family Hubs Parent Carer Panel 0-5 years @ North Family Hub, Blakenall Lane, WS3 1HJ. £5 shopping voucher for attending. Book now by emailing familyhubs@walsall.gov.uk	09:30- 11:00 ● Stay and Play - Chill & Chat @ North Family Hub, 275 Blakenall Lane, Blakenall, Walsall WS3 1HJ. No booking required. 10th July, 10th August, 25th September	10:00– 11:30 ○ Baby and Toddler @ St Peters Parish Hall, Harrison Stret, Bloxwich, WS3 3LG - £2 per session, contact Ann to book your place on 07788910467	09:00 - 09:40 ○ Age 2-3 09:40 - 10:20 Age 3 – 5 yrs Kixx Football Academy, Bloxwich Active Living Centre, High St, Bloxwich, Walsall WS3 2DA
09:15-12:00 ● Baby Clinics @ North Family Hub, Blakenall Lane, WS3 1HJ. Booking Required Call 01922 605246 (07 July, 04 August, 01 September)	11.30 – 1:30 ○ Toddler Splash & Play @ Bloxwich Active Living Centre, High St, Bloxwich, Walsall WS3 2DA - £7.20 or £4.65 with a Move-It card. Call 01922 652900 to book your place.	09:30 – 2:30 ● Walsall Works drop in for families @ North Family Hub, Blakenall Lane, WS3 1HJ.	09:30-11:30 ● SEND 0-5 Parent Carer Panel Event @ North Family Hub, Blakenall Lane, WS3 1HJ. Booking essential as spaces are limited, email familyhubs@walsall.gov.uk	10:30 – 11:30 ● We're Going On A Bear Hunt @ Bloxwich Community Library, Elmore Row, Bloxwich, Walsall WS3 2HR (0 – 5 years) Free of charge, please call 01922 654864 to book your place (25th July)	10.30- 12:30 ● Dad's Stay and Play - @ North Family Hub, 275 Blakenall Lane, Blakenall, Walsall WS3 1HJ. No booking required (5th July, 2nd August, 6th September)
09:30-10:30 ● PEEP Story Time @North Family Hub, Blakenall Lane, WS3 1HJ. Free- No booking required (7th July / 8th September / 22nd September)	11:00 – 1:00 ● Dads Supporting Dads @ North Family Hub, 275 Blakenall Lane, Blakenall, WS3 1HJ (8th July / 19th & 26th August / 16th & 23rd September)	09.30-11.30 ○ Frankie's Parents and Tots @ Beechdale Lifelong Learning Centre, Stephenson Square, Walsall, WS2 7DY - £1 per child, No booking required (term time)	09:30 - 11:30 ● Triple P Baby @ North Family Hub, (4th, 11th, 18th & 25th September) An 8 week programme offering support for a positive start to parenthood in a relaxed and friendly group. Age 0-12 months (including pregnancy) – email familyhubs@walsall.gov.uk to book your place.	10:30 - 1.30 ○ Splash, Walsall WS3 2DA - £7.20 or £4.65 with a Move-It card. Call 01922 652900 to book your place	2.30-3.30 ○ Floats Fun session @ Bloxwich Active Living Centre, High St, Bloxwich, Walsall WS3 2DA - £5.50 per person / Under 5 £3, Call 01922 652900 to book
9:30 - 11:30 ● Summertime PEEP @ North Family Hub, Blakenall Lane, WS3 1HJ. FREE – (21st July) booking required please email familyhubs@walsall.gov.uk Must have a baby under 3 – siblings welcome	11:00- 13:00 ● Lets Talk Relationships @ North Family Hub, 275 Blakenall Lane, Blakenall, WS3 1HJ (15th July) - no booking required.	10:00 - 11:00 ● Little Einsteins @ North Family Hub, 275 Blakenall Lane, Blakenall, Walsall WS3 1HJ A 5-week group with activities to help build babies brain development. (Wednesday 2nd, 9th & 16th July) - No booking required.	09:30- 11:00 ○ Baby & Toddler Group @ St John's Methodist Church, Victoria Avenue, Bloxwich – £2 per child, £1 per baby No booking, drop in. (0-4 yrs)	11:00 -12.30 ● Breastfeeding Group - North Family Hub, Blakenall Lane, WS3 1HJ. Weekly no booking required, just turn up.	



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Dad Pad[®]



DadPad can be downloaded via the App store or google play.

Key: ● Family Hubs ● Summer Adventure Passport ○ Community

Remember to always contact groups before attending in case of any changes.

North Activity Timetable for 0 – 5 years

Serving; Leamore, Blakenall, Bloxwich East & Bloxwich West

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09:45 - 11:45 ○ Starlight Multi Care & Sensory Stay and Play @ 25a Station Street, Walsall, WS2 9JZ, £4 per child, plus £2 for every extra child www.starlightmulticare.co.uk/book-here/		10.00 - 11:30 ● Stay and Play (0-5 yrs) @ North Family Hub, 275 Blakenall Lane, Blakenall, Walsall WS3 1HJ No booking required 23rd, 30th July & 6th, 13th, 20th, 27th August	09:45 - 11:45 ○ Starlight Multi Care and Sensory Stay and Play @ 25a Station Street, Walsall, WS2 9JZ, £4 per child, plus £2 for every extra child- www.starlightmulticare.co.uk/book-here/		
10:40 - 11:40 ● PEEP for DADs 0-5 years @ Goldsmith Primary Academy, Goldsmith Road, Walsall, WS3 1DL (7th & 14th July / 8th, 15th and 22nd September). An exciting programme focusing on supporting parents and carers with their children's learning and development.		10:00- 11:00 ● First Words Together Stay & Play @ North Family Hub, 275 Blakenall Lane, Blakenall, Walsall WS3 1HJ (3rd 10th 17th 24th September) - No booking required	10:00-11:00 ○ Baby Bounce – Free Soft Play (Term Time Only) @ Hub 1, Palace Play, Shop, Eat, Blakenall Row Bloxwich, WS3 1LW. Parents aged 15– 25 years old. 07852 559 071		
		11:00- 13:00 ● Lets Talk Relationships @ North Family Hub, 275 Blakenall Lane, Blakenall, WS3 1HJ (13th August, 3rd September) - no booking required	10:30 – 11:20 & 11:30 – 12:20 ● Story Tents - Story Making Workshops (3-7yrs) @ North Family Hub. (21st August) Book by emailing familyhubs@walsall.gov.uk		
		11.30 – 1:30 ○ Toddler Splash @ Bloxwich Active Living Centre, High St, Bloxwich, WS3 2DA - £6.20 per adult and child, call 01922 652900 to book your place	10:30 – 12:00 ● Toilet Training Workshop (0-5yrs) @ Frank F, Beechdale Centre, Stephenson Square, Bloxwich, Walsall, WS2 7DY (21st August) - please call the SPA to book your place on 01922 603074		
		1:00 ○ Little Storks @ North Family Hub, Blakenall Lane, WS3 1HJ. To book call 01922 423252 (0 -12 Months)			

Free Online courses available at <https://inourplace.co.uk> Use the FREE access code 'HIPPO' !

Take a look at BBCs **Tiny Happy People**. Explore simple activities and play to help you develop your children's early language and social skills.

Key: ● Family Hubs


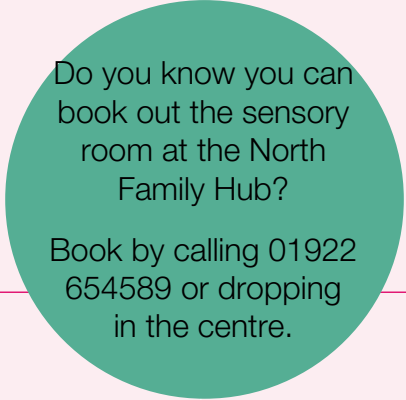



● Summer Adventure Passport

○ Community

Remember to always contact groups before attending in case of any changes.

North Activity Timetable for 0 – 5 years

Serving; Leamore, Blakenall, Bloxwich East & Bloxwich West

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			11:00-13:30 Baby & Toddler Disco (0-5yrs) @ Frank F Harrison, Beechdale Centre, Stephenson Square, Bloxwich, Walsall WS2 7DY (14th August) book your place here: https://www.eventbrite.co.uk/o/the-mindkind-projects-90349438723		
Supporting your child's learning and development at home Take a look at our website for useful information and advice about supporting your child's development and learning at home. 			11.30 – 1:30 Toddler Splash @ Bloxwich Active Living Centre, High St, Bloxwich, WS3 2DA - £6.20 per adult and child, Call 01922 652900 to book your place		
			1:00 - 3:00 Lets Craft 3 – 5 years @ North Family Hub, 275 Blakenall Lane, Blakenall, Walsall WS3 1HJ. (14th Aug) Book by emailing familyhubs@walsall.gov.uk		

Are you expecting or a new parent?

Take a look at our Family Hubs website for all you need to know!

Download the NEW Best start for life booklet, this book contains key information for you and your baby such as vaccinations, safety tips and safe sleeping ,your feeding journey : Visit : <https://www.walsallfamilyhubs.co.uk/0-2/pregnancy#main>

Scan Here



Key: ● Family Hubs

● Summer Adventure Passport

○ Community

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South & Central Activity Timetable for 0 – 5 years

Serving; Birchills, Palfrey, Pleck , Caldmore, Chuckery and Paddock & St Matthews


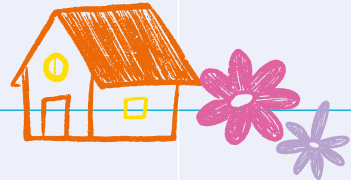
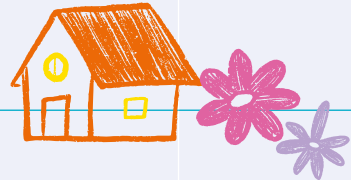
South & Central
Family Hub,
Birchills St, Walsall
WS2 8NF

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09:15-12:00 ● Baby Clinics @ South & Central Family Hub, Birchills St, Walsall WS2 8NF. Booking Required Call 01922 605246 (21 July, 18 August, 15 September 2025)	09:30 – 14:30 ● Walsall Works drop in for families @ South & Central Family Hub, Birchills St, Walsall WS2 8NF 10:00 – 12:00 ● 1,2,3 Come and Play with Me, @ South Locality Family Hub, Birchills Street, Walsall, WS2 8NF, booking required please email familyhubs.wellbeing@walsall.gov.uk under 3- siblings welcome 26th August	09:30-11:30 ○ Frankie and Lolas, Matthew's, @ Frankie & Lola's The Mezzanine ASDA St, George St, Walsall WS1 1RS 	09:30 – 11:00 ○ Stay and Play 0-5yrs @ St Matthew's Church Centre, St Matthew's Close, Walsall WS1 3DG - £2 per child – No booking required	9:30 - 10:30 ● PEEP Story Time @, @ South & Central Family Hub, Birchills St, Walsall WS2 8NF Free- No booking required (11th July / 18th July / 12th September / 26th September)	09:00 - 10:30 ○ Performing Arts for 3-6 Yrs @ Breakout Performing Arts, Blue Coat Church of England Academy, Birmingham Street, WS1 2ND Visit https://www.breakoutschool.co.uk/ to book.
12:00 – 1.30 ○ Toddler Splash @ Walsall Gala Baths, Tower St, Walsall WS1 1DH - £5.50 per adult and child, Call 01922 653150 to book your place	10:00 - 14:00 ● #Baby Fest @ New Art Gallery Walsall. No need to book (5th August)	10:00 -11:00 ○ Caterpillar Club @Lichfield Street Hub Library Lichfield Street WS1 1TR (Term Time Only) 0 to 18 months Free for first session then £1 PEEP, Play, Singing, Stories, Crafts. No booking required	09:45 –11:45 ○ Stay and play, Starlight Multi Care and Sensory WS2 9JZ- £4 per child, plus £2 for every extra child. Can pay cash or card on entrance or book and pay online via www.starlightmulticare.co.uk/book-here/	10:00 -11:30 ○ Tiny Tots @ Lichfield Street Hub Library, Lichfield Street WS1 1TR(Term Time Only) 18months – 3 years Free for first session then £1.50 Play, Singing, Stories, Crafts Book call 01922 653121	09:30 -10:30 ○ Walsall FC Saturday Club @ Poundland Bescot WS1 4SA. £20 for 5 weeks. email courtney.haynes@walsallfc.co.uk 
09:30 - 11:30 ○ @ Frankie and Lolas, Matthew's, Frankie & Lola's The Mezzanine ASDA St, George St, Walsall WS1 1RSIncludes – 2 hours session with a special activityand refreshments. £4.	10:30 – 12:30 ● Breastfeeding group @ South & Central Family Hub, Birchills St, Walsall WS2 8NF No need to book.	10:30-12:00 & 12:30-14:00 ● Baby & Me (0-2yrs) @ The New Art Gallery Walsall, Gallery Square, Walsall, WS2 8LG - Booking essential. Call reception on 01922 654400 or drop into the gallery to book. £3.50 per child.	10:00- 11:00 ● First Words Together @ South & Central Family Hub, Birchills St, Walsall WS2 8NF (10th July) No booking required.	1:00 ○ Nature Makers @Walsall Arboretum, Broadway N, Walsall WS1 2QB. Visit https://www.nature-makers.co.uk/walsall-and-sandwell to book your place.	10.45 - 12.15 ○ Performing Arts for 3-6 Yrs @ Breakout Performing Arts, Blue Coat C of E Academy, Birmingham Street, WS1 2ND Visit https://www.breakoutschool.co.uk/ to book your FREE trial.
09:45 –11:45 ○ Stay and play, Starlight Multi Care and Sensory WS2 9JZ- £4 per child, plus £2 for every extra child. Book here: www.starlightmulticare.co.uk/book-here/	11:00 – 13:00 ● Mini Makers (2- 4yrs) @ The New Art Gallery Walsall, Gallery Square, Walsall, WS2 8LG - Booking essential. Call reception on 01922 654400 or drop into the gallery to book. £3.50 per child.	11:30 – 1:30 ○ Toddler Splash @ Walsall Gala Baths, Tower St, Walsall WS1 1DH – £5.50 per adult and child, Call 01922 653150 to book your place	10:00 – 12:00 ● Teddy Bear's Picnic @ Walsall Arboretum. Please meet @ Visitors Centre - bring a teddy, packed lunch and a blanket. Must have a baby under 3- siblings welcome. 31st July. To book, email familyhubs.wellbeing@walsall.gov.uk		10:30- 12:00 ● Saturday Stay & Play @ South & Central Family Hub, Birchills St, Walsall WS2 8NF (20th Sept) No booking required
09:45 ○ Kiddibops Music class @ Orchard Pavilion, Walsall King George VI Avenue, Walsall. WS5 3AH- £6 per session - Book via Kiddibops (0 – pre walkers)	11:00 - 12:30 or 13:00- 14:30 ● Make your Mark - Look, Play, Learn @ Walsall Arboretum - meeting point, the Grange Car Park WS1 2QB – Book via link - https://forms.office.com/e/7rG9weOF1U	12:00 -13:30 ● Stay & Play 4 Dads @ South & Central Family Hub, Birchills St, Walsall WS2 8NF (16th July, 20th August, 17th September) No booking required.	12.30 - 2:00 ○ Sensory play for babies 0-12mnths @ St Matthew's Church Centre, St Matthew's Close, Walsall WS1 3DG - £2 per session - Contact Priscilla on 07984 626637 to book your place		11:00 –2:00 ○ Caldmore Community Garden 0 – 14 years 12 Carless Street, Walsall WS1 3RH, to book visit http://tinyurl.com/gardensaturdays



South & Central Activity Timetable for 0 – 5 years

Serving; Birchills, Palfrey, Pleck, Caldmore, Chuckery and Paddock & St Matthews

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:40 ○ Kiddibops SEND Music Support Class @ Orchard Pavilion, Walsall King George VI Avenue, Walsall. WS5 3AH- £7 per session - Book via Kiddibops (2 – 4 yrs)	11:00 - 12:30 ● or 13:00 - 14:30 Make your Mark- Look, play, Learn @ Walsall Arboretum - meeting point, the Grange Car Park WS1 2QB. Book via link https://forms.office.com/e/7rG9we0F1U	12:30 - 14:00 ● Little Sprouts - 0-3 Veg Growing @ The MindKind Wellbeing Centre, 10 Proffitt Street, WS2 8AP (23rd July & 20th August) book your place here: https://www.eventbrite.co.uk/o/the-mindkind-projects-90349438723			11:00 - 1:00 ○ Cubs Playgroup for children aged 0 to 5 @ Nashdom, Sun Street, Walsall, WS14AL Group every 2 weeks, free session. To book call 01922 616444
10:00 - 11:30 ● Stay & Play (0-5 yrs) @ South & Central Family Hub. No booking required. 7th & 14th July, 1st September	1:30- 3:00pm ● Stay & Play @ South & Central Family Hub, Birchills St, Walsall WS2 8NF weekly - from the 9th September No booking required just pop in (0 – 5 years)				11:00- 1:00 ○ Play and Stay session for Ukrainian children @Nashdom, Sun Street, Walsall, WS14AL Group every 2 weeks, free session. To book call 01922616444
10:00 - 11:30 ● Stay & Play (0-5 yrs) @ South & Central Family Hub. No booking required. 28th July - Sports Day 4th August - Exploring Nature 11th August - Mark making & exploring numbers 18th August - Exploring Stories	2:00 – 3:00 ○ Toddler Splash @ Walsall Gala Baths, Tower St, Walsall WS1 1DH - £5.50 per adult and child. Call 01922 653150 to book your place				
1:00- 2:30 Baby Massage @ St Matthew's Church Centre, St Matthew's Close, Walsall WS1 3DG book call 07984 626637 or at priscilla.meandmybaby@gmail.com					
1:00-2:00 Join us for a walk in the park @Walsall Arboretum, Meet at Visitors centre					

Are
you looking
for childcare in
Walsall visit www.childcarechoices.gov.uk or
to discuss your childcare
options call Family
Information Service on
01922 653383

Looking after your
childs teeth.

Visit :<https://www.walsallfamilyhubs.co.uk/0-2/baby-health-and-development#main>

Did you know
there are online
Antenatal Classes ?

World to Womb is a Antenatal class in Walsall
which will support you throughout your journey
into parenthood and beyond.

To join us please contact:

Your community midwife for referral

Health Visiting Service: 01922 603074

or text 07520 634909

Infant Feeding Team: 01922 605248

Health in Pregnancy Team:

01922 423252

Key: ● Family Hubs

● Summer Adventure Passport





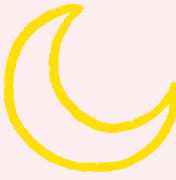



○ Community

Remember to always contact groups before attending in case of any changes.

East Activity Timetable for 0 – 5 years

Serving; Aldridge, Pelsall, Shelfield, Rushall, Brownhills, Walsall Wood, Streetly & Pheasey.

East
Family Hub
Silver Court,
Walsall, WS8 6HA

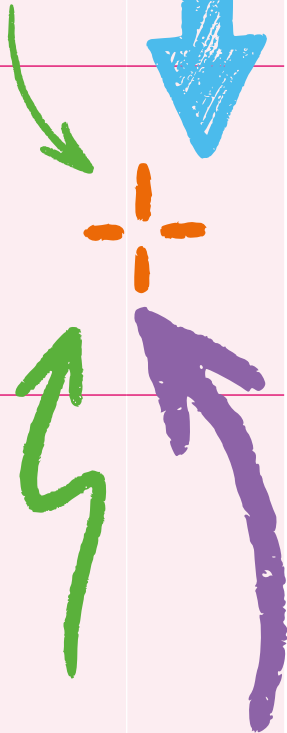
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09:00 – 10:30 ○ Toddler Splash @ Oak Park Living Centre, Coppice Rd, Walsall Wood, Walsall WS9 9BH- £6.20 per adult and child, Call 01922 652266 to book your place 	09:30 - 11:30 ● HENRY Preparation for Parenthood @ East Family Hub Silver Court, Walsall, WS8 6HA (1st, 8th & 15th July) Antenatal Programme to help you prepare for the arrival of your baby – email familyhubs.wellbeing@walsall.gov.uk to book your place	09.45 – 10.25 ○ Social Tots @ Aldridge Community Centre, Middlemore Ln, Aldridge, Walsall WS9 8AN - £24 per month (12mths- 3yrs – confident walkers)	09:00- 1:00 ○ Splash and Play @ Oak Park Living Centre, Coppice Rd, Walsall Wood, Walsall WS9 9BH - £7.20 (or £4.65 with a Move-It card) per child, Call 01922 652266 to book your place. 	9:30-10:30 ○ PEEP Story Time @ East Family Hub Silver Court, Walsall, WS8 6HA Free- No booking required (4th July /18th July / 5th September / 19th September) 10:00- 16:00 ● 5 Senses Soft Play and Messy Play @ Walsall wood hub Lichfield Road Walsall wood ws9 9np. £ 5 per child, £4 per sibling – No booking required – for more info call 07724 566961 10:30 – 11:00 ● Family Story & Rhyme Time @ Streetly Community Library, Blackwood Road, Streetly, Walsall B74 3PL (0 – 5 years) Please call 01922 654864 to book your place (8th & 22nd August)	09:00-10:00 & 10:30- 11:30 ○ Activity Gym Preschool Gymnastics (18 mo – 4 yrs) @ Manor Farm, King George Cres, Rushall, Walsall WS4 1EU. £25/month - First session free Book using the following link: https://www.active-gym.co.uk/preschool 2:00 – 3:00 ○ Floats Fun session @ Oak Park Living Centre, Coppice Rd, Walsall Wood, Walsall WS9 9BH - £5.70 per person / Under 5 £3.60. Call 01922 652266 to book your place. 10:00- 11:30 ● Stay & Play @ East Family Hub Silver Court, Walsall, WS8 6HA (26th July) No booking required
09:30- 4:30 ● Walsall Works drop in for families @ East Family Hub Silver Court, Walsall, WS8 6HA 09:30 - 11:30 ● Bump to Baby (pregnancy to 12 months) @ East Family Hub (15th, 22nd & 29th July) Meet other parents and join in with activities focusing on a positive start to parenthood. – email familyhubs.wellbeing@walsall.gov.uk to book.	09:30- 10:30 ● Serendipity Infant and Child Wellness (baby massage) @ Stonall Community Centre, Main Street WS9 944 £55 per course, for more information and to book visit www.serendipity-wellness.co.uk (0-6 months) 09:30 – 10:15 ○ Action Tots @ Brownhills Community Centre, Chester Rd N, Brownhills, Walsall, WS8 7JW - £26 per month (2-4yrs)	10:00 – 12:30 ● Breastfeeding group @ East Family Hub need to book just turn up 10:00 - 11:00 ● Look, Say, Sing, Play @ East Family Hub Silver Court, Walsall, WS8 6HA (2nd, 9th, 16th July) – no booking required)	10:00- 11:00 ● Stay & Play (0-5 yrs) @ East Family Hub Silver Court, Walsall, WS8 6HA (3rd, 10th & 17th July) No booking required 10:00- 11:30 ● Stay & Play @ East Family Hub Silver Court, Walsall, WS8 6HA (4th, 11th, 18th, 25th September.) No booking required 10:00 – 11:00 ● Summer Rhyme Time @ Brownhills Library, Parkview Centre, Brownhills, WS8 7JB (0 – 5 years) Free of charge, please call 01922 650730 to book your place (24th July)	10:00- 11:00 ● Stay & Play @ East Family Hub Silver Court, Walsall, WS8 6HA (26th July) No booking required	
10:00- 11:30 ● Summer Stay & Play @ East Family Hub Silver Court, Walsall, WS8 6HA (28th July, 4th, 11th, 18th and 26th August) No booking required.	1:00- 2:00 ○ Activity Gym Preschool Gymnastics @ OakPark Living Centre, WS9 9BH. See Saturday 09:00 for more details.	10:00-11:30 ○ Toms Toddlers @ St Thomas Church, St Thomas' Close, Aldridge, Walsall, WS9 8SL - £3 per family, No booking required (0 – 2.5yrs)	13:00- 15:00 ● Let's Craft @ East Family Hub Silver Court, Walsall, WS8 6HA. Book by emailing familyhubs@walsall.gov.uk (1st Aug)	 	
10:00-12:00 ● HENRY Dads 0-5 years @ Goldsmith Primary Academy, Goldsmith Road, Walsall, WS3 1DL (4th July)	10:30 – 12:00 ● Toilet Training Workshop (0- 5yrs) @ Brownhills Community Centre, Chester Road North, WS8 7JS (5th August) - please call the SPA to book your place on 01922 603074	10:30-12:30 ○ Baby Craft Session @ Manor Farm Community Association, King George Crescent, WS4 1EU- Book by calling 01922 614316	10:00-11:00 ○ Rhyme time @ Brownhills Library, Parkview Centre, Brownhills, WS8 7JB		

HENRY is
a popular, fun
programme designed
to give babies and young
children a good lifestyle
start and to help the
whole family to adopt a
healthier lifestyle.

East Activity Timetable for 0 – 5 years

Serving; Aldridge, Pelsall, Sheffield, Rushall, Brownhills, Walsall Wood, Streetly & Pheasey.

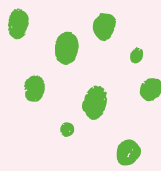
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00- 16:00 ○ 5 senses Play and Stay @ Walsall wood hub Lichfield Road Walsall wood WS9 9NP. £ 5 per child, £4 per sibling – No booking required – for more info call 07724 566961	10:30 – 11:10 ○ Social Tots @ Brownhills Community Centre, Chester Rd N, Brownhills, Walsall WS8 7JS, - £24 per month (8mths-3yrs)	10.45 – 11.25 ○ Social Tots @ Aldridge Community Centre, Middlemore Ln, Aldridge, Walsall WS9 8AN - £24 per month (9-18mths – early walkers)	10:00- 4:00 ○ 5 senses Soft Play with baby exploration class @ Walsall Wood Hub, Lichfield Road Walsall Wood WS9 9NP. £ 5 per child, £4 per sibling – No booking required – for more info call 07724 566961		
11.15 – 11.45 ○ Rhythm Time @ Pelsall Community Centre, Station Road, Pelsall, Walsall WS3 4BQ - Visit www.rhythmtime.net/cannock-and-pelsall to book your place (0-13 mths)	10:30 – 11:10 ○ Discovery Tots @ Brownhills Community Centre, Chester Rd N, Brownhills, Walsall WS8 7JS, - £24 per month (2-9months)	11.45 – 12.25 ○ Discovery Tots @ Aldridge Community Centre, Middlemore Ln, Aldridge, Walsall WS9 8AN - £24 per month (2-9 months)	6:00 – 7.30pm ○ Floats Fun session @ Oak Park Living Centre, Coppice Rd, Walsall Wood, Walsall WS9 9BH. Call 01922 652266 to book your place.		
11.45 – 12.30 ○ Little Explorers @ Pelsall Village Centre, High St, Pelsall, Walsall WS3 4LX - £8.50 per session visit www.thecreationstation.co.uk/finder to book your place (18mth – 5yrs)	1:00- 2:00 ○ Activity Gym Preschool Gymnastics @ Oak Park Living Centre, WS9 9BH. First session free, £25/ month (18 months – 4 years)- Book a free trial or add your child to the waiting list using the following link: https://www.active-gym.co.uk/preschool	11.45 – 12.30 ○ Baby Discover @ Pelsall Village Centre, High St, Pelsall, Walsall WS3 4LX - £8 per session visit www.thecreationstation.co.uk/finder to book your place (6 – 18 months)			
12:00 – 2:00 ● Lets Get Physical, Cooper & Jordan C of E Primary School, The Green, Aldridge, Walsall WS9 8NH, booking required please email familyhubs.wellbeing@walsall.gov.uk Must have a baby under 3 - siblings welcome.	1:00 (0-5 years) ○ 1:50 (0- pre walkers) ○ Kiddy Bops Music class @ Aldridge Community Centre, Middlemore Ln, Walsall WS9 8AN – £6 per session. Book via _____	1:00 - 2:30 ○ Footprints @ St Thomas Church, St Thomas' Close, Aldridge, Walsall, WS9 8SL - £3 per family; No booking required (2.5 – 4yrs)			
12.30 – 2:00 ○ Seedlings Praise @ Tynings Lane Church, 2 Tynings Ln, Walsall WS9 0AS - £2.50 donation, No booking required	6:00 – 8:00 ○ Floats Fun session @ Oak Park Living Centre, Coppice Rd, Walsall Wood, WS9 9BH - £5.70 per person / Under £3.60, Call 01922 652266 to book.	1.30 – 3:00 ○ Bump & Baby Ark @ Aldridge Church Centre, 14 The Green, Aldridge, Walsall WS9 8NH – Free (donations accepted) No booking required			
1:15 – 2:45 Stay and Play @ Ogley Hay Nursery, Calvary Church, Brickiln St, Brownhills, Walsall WS8 6AU (0 -2yrs)					



Take a look at the parenting support page on the Walsall Council website for Parenting information

Take a look where your local park is and whats on offer: <https://go.walsall.gov.uk/parks-and-green-spaces/activities-and-events-on-offer>

The first 1001 days of your baby's life is a crucial time for your little one's brain development. This starts from the moment they are conceived. There is a lot you can do to help your child learn through play and everyday life.



Activities to do at home with your children

Take a look at our activities that will enable you to create low-cost fun crafts for the whole family at home.

Create your own Binoculars for bird watching and more.

Making your own binoculars to see what you can see high in the sky or low on the ground.

You will need:

2 x empty toilet/kitchen towel rolls

Long lengths of wool or string

Paint and other decorations



Step 2:

Tie a long enough string to one side of the binoculars, by making a little hole using a pen etc to each side, then knot on the inside



Step 1:

Wrap the wool string around the 2 cardboard rolls

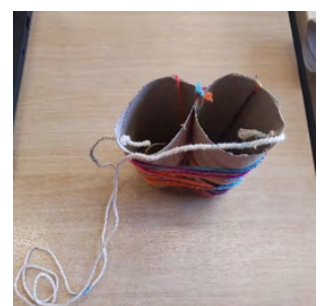
Paint/colour or stick to decorate to your fancy

Decorate how you wish



Step 3:

Go outside and start bird watching!



Make Your Own Telescope

This could help you spot any Sharks, especially if you have the story of 'Shark In The Park'

You will need:

2x kitchen roll tubes

Paint

Scissors

Step 1:

Cut one of the tubes all the way down length ways so that you can curl it to fit inside the other tube.

Step 2:

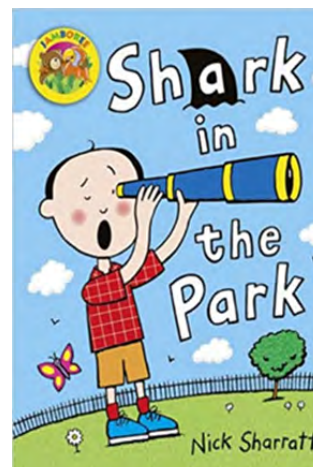
Paint both tubes which ever colour you like, even make a pattern on it, leave to dry.

Step 3:

Now curl the cut tube and place inside the other tube, you can now make your telescope long or short, have a look around with it, what can you see?

Use your telescope whilst reading the story, Shark in the Park.

Is it a shark that Timothy sees?



Elephant mask

You will need

2 x paper plates

Cardboard tube or, draw a trunk shape on paper and cut out

Scissors

Grey paint, if you don't add grey you can mix white and black or white paint with a little black food colouring

Glue

Lollipop stick

Step 1:

Cut 2 holes in one of your plates for you to see through

Step 2:

Take the cardboard tube, this will be the trunk, cut flaps around the bottom and push them up so that you can attach to the paper plate, glue them together.

Step 3:

Next, take the second paper plate, cut it in half and round off the edges, this will be the ears, attach with glue to each side of the plate.

You are now ready to paint your elephant grey.

Once dry you can add a lollipop stick to the bottom of the plate to hold up your mask.

