

## Swimming Programme

### Brine Pool

	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	
<b>Monday</b>	Shallow																												
	Middle																												
	Deep																												
<b>Tuesday</b>	Shallow																												
	Middle																												
	Deep																												
<b>Wednesday</b>	Shallow																												
	Middle																												
	Deep																												
<b>Thursday</b>	Shallow																												
	Middle																												
	Deep																												
<b>Friday</b>	Shallow																												
	Middle																												
	Deep																												
<b>Saturday</b>	Shallow																												
	Middle																												
	Deep																												
<b>Sunday</b>	Shallow																												
	Middle																												
	Deep																												

\* Aquatherapy (self referral)

\*\* Brine pool parties are available on Sundays from 2.30pm – contact reception to book your slot

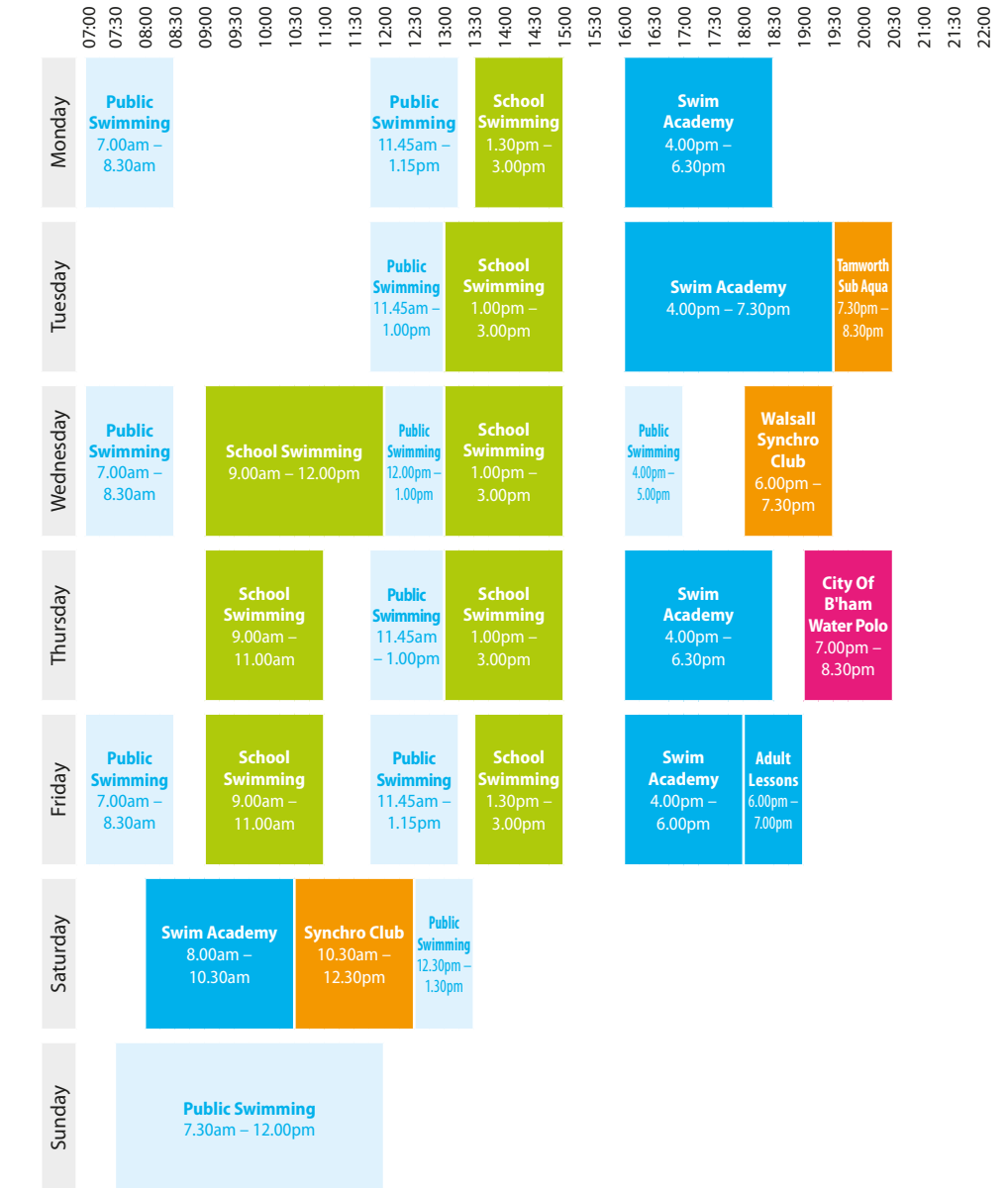
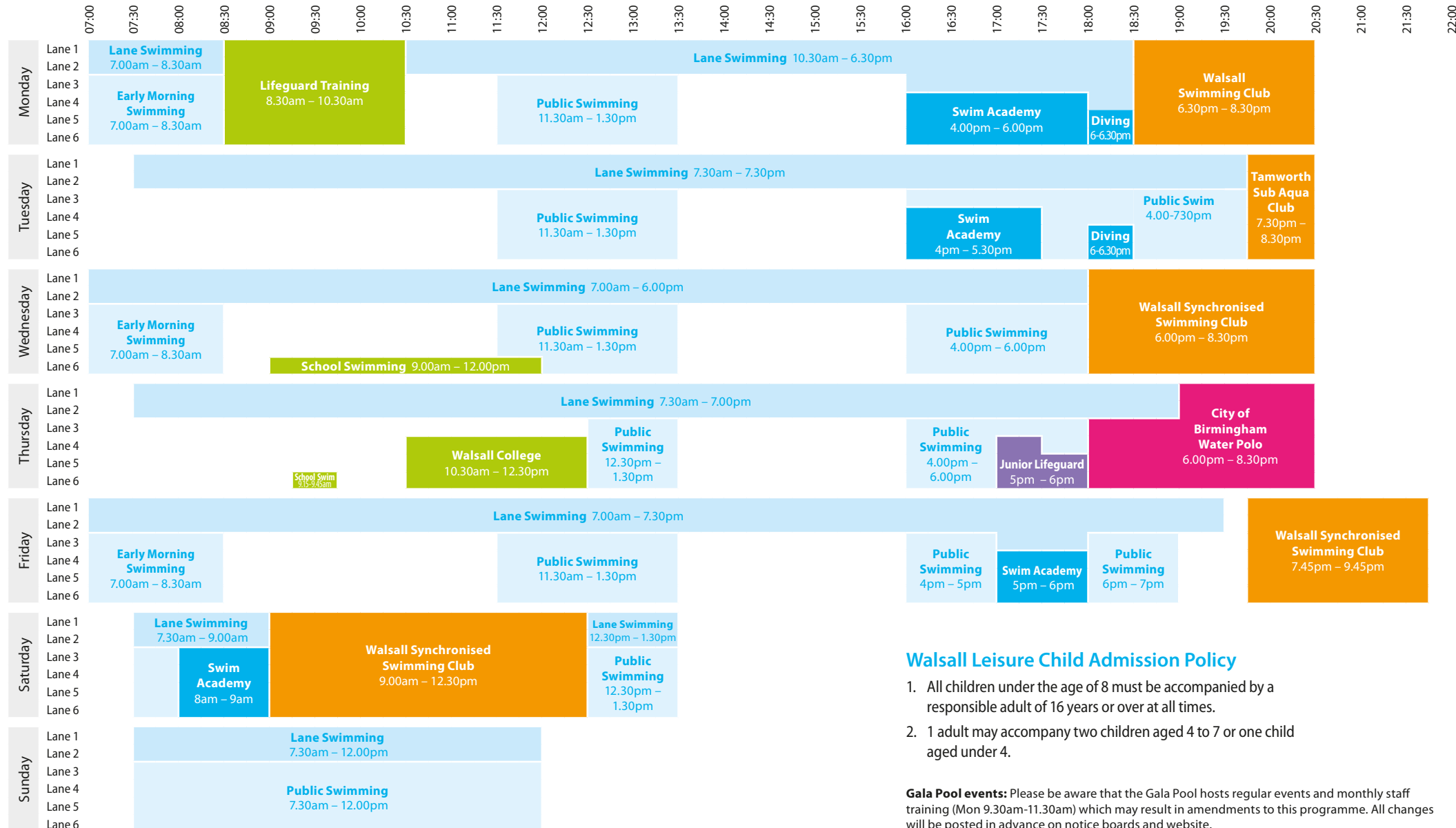
# Swimming Programme

## Main Pool



# Swimming Programme

## Teaching Pool



### Walsall Leisure Child Admission Policy

1. All children under the age of 8 must be accompanied by a responsible adult of 16 years or over at all times.
2. 1 adult may accompany two children aged 4 to 7 or one child aged under 4.

**Gala Pool events:** Please be aware that the Gala Pool hosts regular events and monthly staff training (Mon 9.30am-11.30am) which may result in amendments to this programme. All changes will be posted in advance on notice boards and website.