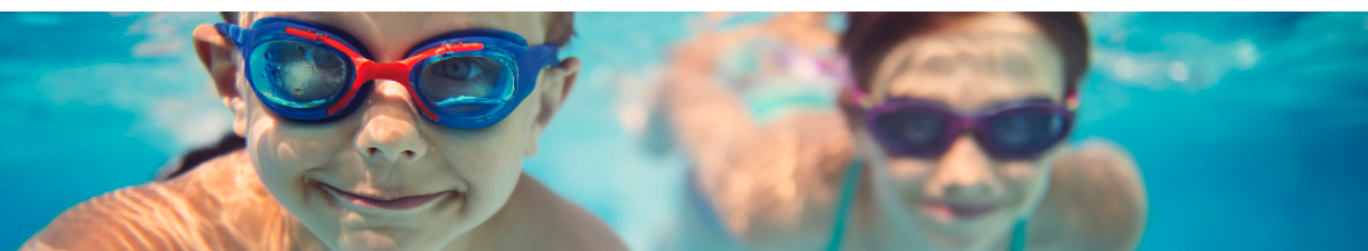


# Swimming Programme

## Main Pool

May Half  
Term 2025  
Programme



|           |  | 06:30                               | 07:00 | 07:30 | 08:00 | 08:30                                | 09:00 | 09:30                               | 10:00 | 10:30                                     | 11:00 | 11:30                                 | 12:00 | 12:30                              | 13:00 | 13:30                              | 14:00 | 14:30                                  | 15:00 | 15:30                              | 16:00 | 16:30  | 17:00 | 17:30                          | 18:00 | 18:30                           | 19:00 | 19:30                             | 20:00 | 20:30                          | 21:00 | 21:30 | 22:00 |  |
|-----------|--|-------------------------------------|-------|-------|-------|--------------------------------------|-------|-------------------------------------|-------|---|-------|---------------------------------------|-------|------------------------------------|-------|------------------------------------|-------|--|-------|------------------------------------|-------|--|-------|--------------------------------|-------|---------------------------------|-------|-----------------------------------|-------|--------------------------------|-------|-------|-------|--|
| Monday    | Lane 1<br>Lane 2<br>Lane 3<br>Lane 4<br>Lane 5<br>Lane 6 | CENTRE CLOSED – BANK HOLIDAY        |       |       |       |                                      |       |                                     |       |   |       |                                       |       |                                    |       |                                    |       |  |       |                                    |       |  |       |                                |       |                                 |       |                                   |       |                                |       |       |       |  |
| Tuesday   | Lane 1<br>Lane 2<br>Lane 3<br>Lane 4<br>Lane 5<br>Lane 6 | Public Swimming<br>6.30am – 10.00am |       |       |       | Ladies Only<br>10.00am – 11.00am     |       | Public Swimming<br>11.00am – 1.15pm |       |   |       | Floats Fun Session<br>1.30pm – 3.00pm |       |                                    |       | Swim Academy<br>4.00pm – 6.00pm    |       |  |       | Public Swimming<br>6.15pm – 8.00pm |       |  |       | Adults Only<br>8.00pm – 9.00pm |       |                                 |       |                                   |       |                                |       |       |       |  |
|           | Lane Swimming 6.30am – 10.00am                           |                                     |       |       |       |                                      |       |                                     |       |   |       |                                       |       |                                    |       |                                    |       |  |       |                                    |       |  |       |                                |       | Lane Swimming 11.00am – 12.30pm |       | Adult Lessons<br>12.30am – 1.15pm |       |                                |       |       |       |  |
| Wednesday | Lane 1<br>Lane 2<br>Lane 3<br>Lane 4<br>Lane 5<br>Lane 6 | Public Swimming<br>6.30am – 10.00am |       |       |       | Public Swimming<br>10.30am – 3.30pm  |       |                                     |       |   |       |                                       |       |                                    |       |                                    |       | Swim Academy<br>4.00pm – 6.00pm        |       |                                    |       | Public Swimming<br>6.15pm – 8.00pm   |       |                                |       | Adults Only<br>8pm – 9pm        |       | Adult Lessons<br>8pm – 9pm        |       |                                |       |       |       |  |
|           | Lane Swimming 6.30am – 10.00am                           |                                     |       |       |       |                                      |       |                                     |       |   |       |                                       |       |                                    |       |                                    |       |  |       |                                    |       |  |       |                                |       |                                 |       |                                   |       | Lane Swimming 10.30am – 3.30pm |       |       |       |  |
| Thursday  | Lane 1<br>Lane 2<br>Lane 3<br>Lane 4<br>Lane 5<br>Lane 6 | Public Swimming<br>6.30am – 10.00am |       |       |       | Public Swimming<br>10.30am – 1.00pm  |       |                                     |       | Floats Fun Session<br>1.30pm – 3.00pm     |       |                                       |       | Swim Academy<br>4.00pm – 5.00pm    |       | Public Swimming<br>5.15pm – 9.00pm |       |  |       |                                    |       |  |       |                                |       |                                 |       |                                   |       |                                |       |       |       |  |
|           | Lane Swimming 6.30am – 10.00am                           |                                     |       |       |       |                                      |       |                                     |       |   |       |                                       |       |                                    |       |                                    |       |  |       |                                    |       |  |       |                                |       | Lane Swim 10.30am – 1.00pm      |       |                                   |       | Lane Swim 4 - 5pm              |       |       |       |  |
| Friday    | Lane 1<br>Lane 2<br>Lane 3<br>Lane 4<br>Lane 5<br>Lane 6 | Public Swimming<br>7.30am – 10.00am |       |       |       | Public Swimming<br>10.30am – 3.30pm  |       |                                     |       |   |       |                                       |       |                                    |       |                                    |       | Swim Academy<br>4.00pm – 5.30pm        |       | Public Swimming<br>5.15pm – 6.30pm |       | Swimming Club<br>6.30pm – 8.30pm   |       |                                |       | Adults Only<br>8.30pm – 9.30pm  |       |                                   |       |                                |       |       |       |  |
|           | Lane Swimming 7.30am – 10.00am                           |                                     |       |       |       |                                      |       |                                     |       |   |       |                                       |       |                                    |       |                                    |       |  |       |                                    |       |  |       |                                |       |                                 |       | Lane Swimming 10.30am – 3.30pm    |       |                                |       |       |       |  |
| Saturday  | Lane 1<br>Lane 2<br>Lane 3<br>Lane 4<br>Lane 5<br>Lane 6 | Swim Academy<br>8.00am – 10.00am    |       |       |       | Public Swimming<br>10.15am – 12.30pm |       |                                     |       | Inflatable Fun Session<br>1.00pm – 2.30pm |       |                                       |       | Public Swimming<br>3.00pm – 5.00pm |       |                                    |       | Walsall Leisure Child Admission Policy |       |                                    |       |  |       |                                |       |                                 |       |                                   |       |                                |       |       |       |  |
|           | Lane Swimming 10.30am – 12.30pm                          |                                     |       |       |       |                                      |       |                                     |       |   |       |                                       |       |                                    |       |                                    |       |  |       |                                    |       |  |       |                                |       |                                 |       |                                   |       |                                |       |       |       |  |
| Sunday    | Lane 1<br>Lane 2<br>Lane 3<br>Lane 4<br>Lane 5<br>Lane 6 | Public Swimming<br>8.00am – 12.00pm |       |       |       |                                      |       |                                     |       | Public Swimming<br>12.30pm – 3.00pm       |       |                                       |       |                                    |       |                                    |       | Swimming Club<br>3.00pm – 5.00pm       |       |                                    |       | 1. All Children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.<br>2. During Public swimming sessions; In all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.<br>3. In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4 – Management may use their discretion to amend these ratios.<br><br>Staff training: Please be aware that we host monthly staff training which may result in amendments to this programme. All changes will be posted |       |                                |       |                                 |       |                                   |       |                                |       |       |       |  |
|           | Lane Swimming 8.00am – 12.00pm                           |                                     |       |       |       |                                      |       |                                     |       |   |       |                                       |       |                                    |       |                                    |       |  |       |                                    |       |  |       |                                |       |                                 |       |                                   |       |                                |       |       |       |  |

### Walsall Leisure Child Admission Policy

1. All Children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
2. During Public swimming sessions; In all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
3. In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4 – Management may use their discretion to amend these ratios.

**Staff training:** Please be aware that we host monthly staff training which may result in amendments to this programme. All changes will be posted in advance on notice boards, Facebook and website.

\*Booking recommended

# Swimming Programme

## Teaching Pool

|           | 06:30                               | 07:00 | 07:30 | 08:00 | 08:30 | 09:00 | 09:30 | 10:00 | 10:30  | 11:00 | 11:30                               | 12:00 | 12:30                               | 13:00 | 13:30                             | 14:00 | 14:30 | 15:00 | 15:30                                 | 16:00 | 16:30                              | 17:00 | 17:30 | 18:00 | 18:30                      | 19:00 | 19:30                                 | 20:00 | 20:30 | 21:00 |                              |  |  |  |
|-----------|-------------------------------------|-------|-------|-------|-------|-------|-------|-------|--|-------|-------------------------------------|-------|-------------------------------------|-------|-----------------------------------|-------|-------|-------|---------------------------------------|-------|------------------------------------|-------|-------|-------|----------------------------|-------|---------------------------------------|-------|-------|-------|------------------------------|--|--|--|
| Monday    | CENTRE CLOSED – BANK HOLIDAY        |       |       |       |       |       |       |       |  |       |                                     |       |                                     |       |                                   |       |       |       |                                       |       |                                    |       |       |       |                            |       |                                       |       |       |       |                              |  |  |  |
| Tuesday   | Public Swimming<br>6.30am – 10.00am |       |       |       |       |       |       |       | Public Swimming<br>10.30am – 1.15pm            |       |                                     |       |                                     |       | Fun<br>Session<br>1.30pm – 3.00pm |       |       |       | Swim Academy<br>4.00pm – 7.00pm       |       |                                    |       |       |       | Public<br>Swim<br>7-9pm    |       |                                       |       |       |       |                              |  |  |  |
| Wednesday | Public Swimming<br>6.30am – 10.00am |       |       |       |       |       |       |       | Parent & Toddler<br>Lessons<br>10.00am-11.00am |       | Public Swimming<br>11.00am – 3.30pm |       |                                     |       |                                   |       |       |       |                                       |       | Swim<br>Academy<br>3.30pm – 6.00pm |       |       |       |                            |       | Public Swimming<br>6.15pm – 9.00pm    |       |       |       |                              |  |  |  |
| Thursday  | Public Swimming<br>6.30am – 10.00am |       |       |       |       |       |       |       | Public Swimming<br>10.30am – 1.00pm            |       |                                     |       |                                     |       | Fun<br>Session<br>1.30pm – 3.00pm |       |       |       | Swim<br>Academy<br>4 – 5pm            |       | Public Swimming<br>5.15pm – 9.00pm |       |       |       |                            |       |                                       |       |       |       |                              |  |  |  |
| Friday    | Public Swimming<br>7.30am – 10.00am |       |       |       |       |       |       |       | Public Swimming<br>10.30am – 3.30pm            |       |                                     |       |                                     |       |                                   |       |       |       |                                       |       |                                    |       |       |       | Swim<br>Academy<br>4 – 5pm |       | Public<br>Swimming<br>5.00pm – 6.30pm |       |       |       | Swim Club<br>6.30pm – 9.00pm |  |  |  |
| Saturday  | Swim<br>Academy<br>8.00am – 10.00am |       |       |       |       |       |       |       | Public<br>Swimming<br>11.00am – 12.30pm        |       |                                     |       |                                     |       | Fun<br>Session<br>1.00pm – 2.30pm |       |       |       | Public<br>Swimming<br>3.00pm – 5.00pm |       |                                    |       |       |       |                            |       |                                       |       |       |       |                              |  |  |  |
| Sunday    | Public Swimming<br>8.00am – 12.00pm |       |       |       |       |       |       |       |  |       |                                     |       | Public Swimming<br>12.30pm – 3.00pm |       |                                   |       |       |       | Swim Club<br>3.00pm – 5.00pm          |       |                                    |       |       |       |                            |       |                                       |       |       |       |                              |  |  |  |

Contact our team who will be happy to advise and help with your enquiry.

**Darlaston Swimming and Fitness Centre**

Victoria Road, Darlaston, Walsall WS10 8AP

Tel: 01922 652255 [www.walsall.gov.uk/leisure](http://www.walsall.gov.uk/leisure)  @DarlastonPool

110104 04/25