

Walsall Gala Swimming and Fitness Centre

Pool timetable during Easter Monday 14th April Sunday 27th April

The centre will be closed on Bank holiday Friday 18th April and Monday 21st April

Monday 14th April

7am to 8:30am Public swim (main and teaching pool)
7am to 6:30pm Lane swim – 2 lanes (main pool)

8am to 9am Aqua-therapy (brine pool) – assessment required

9am to 11am Adults only (brine pool)
11am to 7:30pm Public swim (brine pool)
11:30am to 2:30pm Public swim (main pool)
11:45am to 1:15pm Public swim (teaching pool)
12pm to 1:30pm Toddler Splash (brine pool)

1:15pm to 2:30pm Floats fun session (teaching pool)

7:30pm to 8:30pm Disability swim (brine pool)

Tuesday 15th and 22nd April

7:30am to 7:30pm Lane swim – 2 lanes (main pool)

7:30am to 9am
Public swim (brine pool)
9am to 10am
Adults only (brine pool)
10am to 11am
Aquacise (brine pool)
11:30am to 2:30pm
Public swim (main pool)
11:45am to 2:30pm
Public swim (teaching pool)

1pm to 2pm Aqua-therapy (brine pool) – assessment required

2pm to 3pm Toddler splash (brine pool)
2pm to 6:30pm Public swim (brine pool)
4pm to 7:30pm Public swim (main pool)
6:30pm to 7:30pm Aquacise (brine pool)

Wednesday 16th and 23rd April

7am to 8:30am Public swim (teaching pool)

7am to 6pm Lane swim – 2 lanes (main pool)

7am to 8:30am Public swim (main pool)
7:15am to 8am Aquacise (brine pool)
9am to 11:30am Public swim (brine pool)
11:30am to 2:30pm Public swim (main pool)
11:45am to 1:15pm Public swim (teaching pool)

1pm to 2pm Aqua-therapy (brine pool) – assessment required





1:15pm to 2:30pm Floats fun session (teaching pool)

2pm to 4pm Adults only (brine pool)

4pm to 6pm Public swim (main and teaching pool)
4pm to 5:30pm Ladies & under 13s only (brine pool)

5:30pm to 7:30pm Public swim (brine pool)

7:30pm to 8:30pm Aqua-therapy (brine pool) – assessment required

Thursday 17th and 24th April

7:30am to 7pm Lane swim – 2 lanes (main pool)

7:30am to 9am Public swim (brine pool)
9am to 11am Adults only (brine pool)
11:30am to 2:30pm Public swim (main pool)
11:45am to 2:30pm Public swim (teaching pool)
12pm to 1:30pm Ladies only swim (brine pool)

1:30pm to 2:30pm Aqua-therapy (brine pool) – assessment required

2:30pm to 7:30pm Public swim (brine pool)
4pm to 6pm Public swim (main pool)
7:30pm to 8:30pm Aquacise (brine pool)

Friday 25th April

7am to 7:30pm Lane swim (main pool)

7am to 8:30am Public swim (main and teaching pool)

9am to 10am Agua-therapy (brine pool) – assessment required

10am to 12pm Public swim (brine pool)

11:45am to 1:15pm Public swim (main and teaching pool)

12pm to 1:30pm Adults only (brine pool)

1:15pm to 2:30pm Floats fun session (teaching pool)

1:30pm to 2:30pm Aqua-therapy (brine pool) – assessment required

2:30pm to 3:30pm
2:30pm to 7:30pm
4pm to 5pm
6pm to 7:30pm
7:30pm
4pm to 8:30pm
Adults only (brine pool)
Adults only (brine pool)

Saturday

7:30am to 9am Lane swim – 2 lanes (main pool)

7:30am to 12:30pm Public swim (brine pool)

12:30pm to 1:30pm Public swim (main and teaching pool)

12:30pm to 2pm Family swim (brine pool)

2pm to 3pm Family fun and floats (brine pool)
3pm to 4pm Disability swim (brine pool)





Sunday

7:30am to 12pm Public swim and lane swim – 2 lanes (main and teaching pool)

7:30am to 3pm Public swim (brine pool)

To book Aquafit please <u>book here</u>
To complete an Aqua-therapy assessment form <u>click here</u>

Walsall Leisure Child Admission Policy

- All children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
- In public swimming sessions, in all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
- In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4
- Management may use their discretion to amend these ratios.

