

Swimming Programme
Main Pool



Teaching Pool

	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00				
Monday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6			Public Swimming 7.30am – 10.00am				Lane Swim 7.30am – 10.00am				Public Swimming 10.30am – 3.30pm										Swim Academy 4.00pm – 6.00pm			Lane Swimming 4 - 6pm			AquaFit* 6.00pm – 7.00pm		Swimming Club 7.00pm – 9.00pm				
Tuesday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Public Swimming 6.30am – 10.00am					Lane Swimming 6.30am – 10.00am			Ladies Only 10.00am – 11.00am	Public Swimming 11.00am – 1.15pm			Lane Swimming 11.00am – 12.30pm		Adult Lessons 12.30am – 1.15pm	Private Booking 1.30pm – 3.00pm			Swim Academy 4.00pm – 6.00pm			Lane Swimming 4 - 6pm		Public Swimming 6.15pm – 8.00pm		Lane Swimming 6.15pm – 8.00pm		Adults Only 8.00pm – 9.00pm					
Wednesday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Public Swimming 6.30am – 10.00am					Lane Swimming 6.30am – 10.00am				Public Swimming 10.30am – 1.00pm			Lane Swimming 10.30am – 1.00pm			Inflatable Fun Session 1.30pm – 3.00pm			Swim Academy 4.00pm – 6.00pm			Lane Swimming 4 - 6pm		Public Swimming 6.15pm – 8.00pm		Lane Swimming 6.15pm – 8.00pm		Adults Only 8pm – 9pm		Adult Lessons 8pm – 9pm			
Thursday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Public Swimming 6.30am – 10.00am					Lane Swimming 6.30am – 10.00am				Public Swimming 10.30am – 1.00pm			Lane Swim 10.30am – 1.00pm			Floats Fun Session 1.30pm – 3.00pm			Swim Academy 4.00pm – 5.00pm		Lane Swim 4 - 5pm		Public Swimming 5.15pm – 9.00pm										
Friday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	CENTRE CLOSED – BANK HOLIDAY																																
Saturday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Swim Academy 8.00am – 10.00am							Public Swimming 10.15am – 12.30pm					Lane Swimming 10.30am – 12.30pm			Inflatable Fun Session 1.00pm – 2.30pm			Public Swimming 3.00pm – 5.00pm														
Sunday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6			Public Swimming 8.00am – 12.00pm												Public Swimming 12.30pm – 3.00pm								Swimming Club 3.00pm – 5.00pm										

Walsall Leisure Child Admission Policy

- All Children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
- During Public swimming sessions; In all teaching sessions may accompany 3 children aged 4 to 7 or 2 children aged 8 to 11.
- In all other pools 1 adult may accompany 2 children or 1 child aged under 4 – Management may use this to amend these ratios.

Staff training: Please be aware that we host monthly staff training sessions to ensure all staff are up to date with the latest Walsall Leisure policies and procedures. All changes to the policy will be communicated to all staff via email and a meeting will be held to discuss any changes.

*Booking recommended

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3. In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4 – Management may use their discretion to amend these ratios.

Staff training: Please be aware that we host monthly staff training which may result in amendments to this programme. All changes will be posted in advance on notice boards, Facebook and website.

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Monday				Public Swim 7.30am – 9.15am			Crash Course Swimming Lessons 9.30am-11.30am					Public Swimming 11.30am – 3.30pm									Swim Academy 4.00pm – 6.00pm						Swim Club 7.00pm – 9.00pm					
Tuesday			Public Swim 6.30am – 9.15am				Crash Course Swimming Lessons 9.30am-11.30am				Public Swimming 11.30am – 1.15pm				Private Booking 1.30pm – 3.00pm					Swim Academy 3.30pm – 7.00pm							Public Swim 7-9pm					
Wednesday			Public Swimming 6.30am – 9.15am				Crash Course Swimming Lessons 9.30am-11.30am				Public Swimming 11.30am – 1.00pm				Fun Session 1.30pm – 3.00pm						Swim Academy 4.00pm – 6.00pm					Public Swimming 6.15pm – 9.00pm						
Thursday			Public Swimming 6.30am – 9.15am				Crash Course Swimming Lessons 9.30am-11.30am				Public Swimming 11.30am – 1.00pm				Fun Session 1.30pm – 3.00pm						Swim Academy 4 – 5pm					Public Swimming 5.15pm – 9.00pm						
Friday	CENTRE CLOSED – BANK HOLIDAY																															
Saturday				Swim Academy 8.00am – 11.00am							Public Swimming 11.00am – 12.30pm				Fun Session 1.00pm – 2.30pm						Public Swimming 3.00pm – 5.00pm											
Sunday				Public Swimming 8.00am – 12.00pm										Public Swimming 12.30pm – 3.00pm							Swim Club 3.15pm – 5.15pm											

Contact our team who will be happy to advise and help with your enquiry.

Darlaston Swimming and Fitness Centre
Victoria Road, Darlaston, Walsall. WS10 8AP
Tel: 01922 652255 www.walsall.gov.uk/leisure [f](#)@DarlastonPool

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Monday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	CENTRE CLOSED – BANK HOLIDAY																																
Tuesday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Public Swimming 6.30am – 10.00am				Lane Swimming 6.30am – 10.00am				Ladies Only 10.00am – 11.00am	Public Swimming 11.00am – 1.15pm			Lane Swimming 11.00am – 12.30pm		Adult Lessons 12.30am – 1.15pm	Floats Fun Session 1.30pm – 3.00pm		Swim Academy 4.00pm – 6.00pm				Lane Swimming 4 - 6pm		Public Swimming 6.15pm – 8.00pm		Lane Swimming 6.15pm – 8.00pm		Adults Only 8.00pm – 9.00pm					
Wednesday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Public Swimming 6.30am – 10.00am				Lane Swimming 6.30am – 10.00am					Public Swimming 10.30am – 3.30pm						Lane Swimming 10.30am – 3.30pm						Swim Academy 4.00pm – 6.00pm		Lane Swimming 4 - 6pm		Public Swimming 6.15pm – 8.00pm		Lane Swimming 6.15pm – 8.00pm		Adults Only 8pm – 9pm		Adult Lessons 8pm – 9pm	
Thursday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Public Swimming 6.30am – 10.00am				Lane Swimming 6.30am – 10.00am					Public Swimming 10.30am – 1.00pm			Lane Swim 10.30am – 1.00pm			Floats Fun Session 1.30pm – 3.00pm		Swim Academy 4.00pm – 5.00pm		Lane Swim 4 - 5pm		Public Swimming 5.15pm – 9.00pm						Lane Swimming 5.15pm – 9.00pm					
Friday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Public Swimming 7.30am – 10.00am				Lane Swimming 7.30am – 10.00am				Public Swimming 10.30am – 3.30pm						Lane Swimming 10.30am – 3.30pm						Swim Academy 4.00pm – 5.30pm		Public Swimming 5.15pm – 6.30pm		Lane Swim 5.30pm – 6.30pm		Swimming Club 6.30pm – 8.30pm		Adults Only 8.30pm – 9.30pm				
Saturday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Swim Academy 8.00am – 10.00am				Public Swimming 10.15am – 12.30pm				Lane Swimming 10.30am – 12.30pm				Inflatable Fun Session 1.00pm – 2.30pm		Public Swimming 3.00pm – 5.00pm				Swimming Club 3.00pm – 5.00pm														
Sunday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Public Swimming 8.00am – 12.00pm				Lane Swimming 8.00am – 12.00pm				Public Swimming 12.30pm – 3.00pm				Swimming Club 3.00pm – 5.00pm																				

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Monday	CENTRE CLOSED – BANK HOLIDAY																																	
Tuesday	Public Swimming 6.30am – 10.00am							Public Swimming 10.30am – 1.15pm							Fun Session 1.30pm – 3.00pm			Swim Academy 4.00pm – 7.00pm					Public Swim 7-9pm											
Wednesday	Public Swimming 6.30am – 10.00am							Parent & Toddler Lessons 10.00am-11.00am		Public Swimming 11.00am – 3.30pm											Swim Academy 3.30pm – 6.00pm			Public Swimming 6.15pm – 9.00pm										
Thursday	Public Swimming 6.30am – 10.00am							Public Swimming 10.30am – 1.00pm							Fun Session 1.30pm – 3.00pm			Swim Academy 4 – 5pm		Public Swimming 5.15pm – 9.00pm														
Friday	Public Swimming 7.30am – 10.00am							Public Swimming 10.30am – 3.30pm														Swim Academy 4 – 5pm		Public Swimming 5.00pm – 6.30pm			Swim Club 6.30pm – 9.00pm							
Saturday	Swim Academy 8.00am – 10.00am							Public Swimming 11.00am – 12.30pm							Fun Session 1.00pm – 2.30pm			Public Swimming 3.00pm – 5.00pm																
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