

Swimming Programme  
Main Pool



	06:00	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00				
Monday 14 <sup>th</sup>	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6		Public Swimming 7.00am – 1.25pm										Lane Swimming 7.00am – 1.25pm					*Bookable Floats Fun Session 2.00pm – 3.30pm					Swim Academy 4.00pm – 6.00pm			Public Swimming 6.00pm – 7.30pm			Ladies Only 7.30pm – 8.30pm		Adult Swimming 8.30pm – 10.00pm		Lane Swimming 8.30pm – 10.00pm				
Tuesday 15 <sup>th</sup>	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6		Public Swimming 7.00am – 9.15am			Aqua-Fit 9.30am – 10.15am			Public Swimming 10.30am – 1.25pm					Lane Swimming 10.30am – 1.25pm					*Bookable Inflatable Fun Session 2.00pm – 3.30pm					Swim Academy 4.00pm – 6.30pm			Public Swimming 6.30pm – 7.30pm		Lane Swim 6.30pm – 7.30pm		Aqua-Fit 7.30pm – 8.15pm		Adult Swimming 8.30pm – 10.00pm				
Wednesday 16 <sup>th</sup>	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6		Public Swimming 6.00am – 1.25pm										Lane Swimming 6.00am – 1.25pm					*Bookable Floats Fun Session 1.45pm – 3.00pm					Swim Academy 3.30pm – 6.00pm			Lane Swimming 3.30pm – 6.00pm			Walsall Swimming Club 6.30pm – 8.00pm			Public Swimming 8.15pm – 9.00pm		Adult Swimming 9.00pm – 10.00pm		Lane Swimming 8.15pm – 10.00pm	
Thursday 17 <sup>th</sup>	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6		Public Swimming 7.00am – 10.30am					Adult Lessons 10.45am – 11.45am			Public Swimming 11.45am – 1.25pm					Lane Swimming 7.00am – 1.25pm					*Bookable Inflatable Fun Session 2.00pm – 3.30pm					Swim Academy 4.00pm – 6.00pm			Public Swimming 6.00pm – 7.00pm		Aqua-Fit 7.00pm – 7.45pm		Adult Swimming 8.00pm – 10.00pm			Lane Swimming 8.00pm – 10.00pm	
Friday 18 <sup>th</sup>	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6		Public Swimming 7.00am – 11.30am								Aqua-Fit 11.30pm – 12.15pm		Public Swim 12.30pm – 1.25pm			Lane Swimming 7.00am – 11.30am					*Bookable Floats Fun Session 1.45pm – 3.00pm																
Saturday 19 <sup>th</sup>	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6		Swim Academy 8.00am – 12.00pm								Public Swimming 12.00pm – 1.55pm					Lane Swimming 8.00am – 1.55pm					*Bookable Floats Fun Session 2.30pm – 3.30pm																
Sunday 20 <sup>th</sup>	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6		Lane Swimming 8.00am – 9.00am		Public Swimming 9.00am – 1.55pm										Lane Swimming 9.00am – 1.55pm					*Bookable Inflatable Fun Session 2.30pm – 3.30pm					Party Booking 4.00pm – 4.45pm			Aqua-Fit 5.30pm – 6.15pm									

	06:00	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00		
Monday 21 <sup>st</sup>	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6		Public Swimming 7.00am – 1.25pm										Lane Swimming 7.00am – 1.25pm					*Bookable Floats Fun Session 1.45pm – 3.00pm																	
Tuesday 22 <sup>nd</sup>	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6		Public Swimming 7.00am – 9.15am			Aqua-Fit 9.30am – 10.15am			Public Swimming 10.30am – 1.25pm				Lane Swimming 7.00am – 9.15am					*Bookable Inflatable Fun Session 2.00pm – 3.30pm			Swim Academy 4.00pm – 6.30pm		Public Swimming 6.30pm – 7.30pm		Lane Swim 6.30pm – 7.30pm		Aqua-Fit 7.30pm – 8.15pm		Adult Swimming 8.30pm – 10.00pm						
Wednesday 23 <sup>rd</sup>	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6		Public Swimming 6.00am – 1.25pm										Lane Swimming 6.00am – 1.25pm					*Bookable Floats Fun Session 1.45pm – 3.00pm			Swim Academy 3.30pm – 6.00pm		Lane Swimming 3.30pm – 6.00pm			Walsall Swimming Club 6.30pm – 8.00pm		Public Swimming 8.15pm – 9.00pm		Adult Swimming 9.00pm – 10.00pm		Lane Swimming 8.15pm – 10.00pm			
Thursday 24 <sup>th</sup>	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6		Public Swimming 7.00am – 10.30am					Adult Lessons 10.45am – 11.45am		Public Swimming 11.45am – 1.25pm				Lane Swimming 7.00am – 1.25pm					*Bookable Inflatable Fun Session 2.00pm – 3.30pm			Swim Academy 4.00pm – 6.00pm		Public Swimming 6.00pm – 7.00pm		Aqua-Fit 7.00pm – 7.45pm		Adult Swimming 8.00pm – 10.00pm			Lane Swimming 8.00pm – 10.00pm				
Friday 25 <sup>th</sup>	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6		Public Swimming 7.00am – 11.30am						Aqua-Fit 11.30pm – 12.15pm		Public Swim 12.30pm – 1.25pm			Lane Swimming 7.00am – 11.30am					*Bookable Inflatable Fun Session 2.00pm – 3.30pm			Swim Academy 4.00pm – 6.00pm		Adult Lessons 6.15pm – 7.00pm		Public Swimming 7.00pm – 8.00pm		Adult Swimming 8.00pm – 10.00pm							
Saturday 26 <sup>th</sup>	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6		Swim Academy 8.00am – 12.00pm						Public Swimming 12.00pm – 1.55pm				Lane Swimming 8.00am – 1.55pm					*Bookable Floats Fun Session 2.30pm – 3.30pm																	
Sunday 27 <sup>th</sup>	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6		Lane Swimming 8.00am – 9.00am		Public Swimming 9.00am – 1.55pm						Lane Swimming 9.00am – 1.55pm					*Bookable Inflatable Fun Session 2.30pm – 3.30pm		Party Booking 4.00pm – 4.45pm			Aqua-Fit 5.30pm – 6.15pm														

### Walsall Leisure Child Admission Policy

- All Children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
- In Public swimming sessions; In all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
- In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4 – Management may use their discretion to amend these ratios.

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Swimming Programme  
Teaching Pool

	06:00	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	
Monday		Public Swimming 7.00am – 9.25am					*Bookable Public Swim 9.30am- 10.25am	*Bookable Public Swim 10.30am- 11.25am		*Bookable Public Swim 11.30am- 12.25pm		*Bookable Public Swim 12.30pm- 1.25pm				*Bookable Fun Session 2.00pm- 3.30pm				Swim Academy 4.00pm – 6.30pm			Family Swimming 6.30pm – 9.00pm			Adult Swim 9.00pm – 10.00pm							
Tuesday		Public Swimming 7.00am – 8.10am	Aqua- therapy 8.15am – 9.15am				*Bookable Public Swim 9.30am- 10.25am	*Bookable Public Swim 10.30am- 11.25am		*Bookable Public Swim 11.30am- 12.25pm		*Bookable Public Swim 12.30pm- 1.25pm				*Bookable Fun Session 2.00pm- 3.30pm				Swim Academy 4.00pm – 6.30pm			Family Swimming 6.30pm – 9.00pm			Adult Swim 9.00pm – 10.00pm							
Wednesday		Public Swim 6.00am – 9.25am					Parent & Toddler Lessons 9.30am – 10.30am	*Bookable Public Swim 10.30am- 11.25am		*Bookable Public Swim 11.30am- 12.25pm		*Bookable Public Swim 12.30pm- 1.25pm				*Bookable Fun Session 1.45pm- 3.00pm				Swim Academy 3.30pm – 6.30pm			Family Swimming 6.30pm – 9.00pm			Adult Swim 9.00pm – 10.00pm							
Thursday		Public Swimming 7.00am – 8.10am	Aqua- therapy 8.15am – 9.15am				Parent & Toddler Lessons 9.30am – 10.30am	*Bookable Public Swim 10.30am- 11.25am		Parent & Baby Aquafit 11.45am- 12.30pm		*Bookable Public Swim 12.30pm- 1.25pm				*Bookable Fun Session 2.00pm- 3.30pm				Swim Academy 4.00pm – 6.00pm			Family Swim 6.00pm – 7.45pm			Adult Swim 8.00pm – 10.00pm							
Friday		Public Swimming 7.00am – 9.25am					*Bookable Public Swim 9.30am- 10.25am	*Bookable Public Swim 10.30am- 11.25am		*Bookable Public Swim 11.30am- 12.25pm		*Bookable Public Swim 12.30pm- 1.25pm				*Bookable Fun Session 1.45pm- 3.00pm																	
Saturday		Swim Academy 8.00am – 12.00pm									*Bookable Public Swim 12.00pm- 12.55pm	*Bookable Public Swim 1.00pm- 1.55pm				*Bookable Fun Session 2.30pm- 3.30pm																	
Sunday		Swim Academy 8.00am – 12.00pm									*Bookable Public Swim 12.00pm- 12.55pm	*Bookable Public Swim 1.00pm- 1.55pm				*Bookable Fun Session 2.30pm- 3.30pm				Party Hire 4pm- 4.45pm													

	06:00	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00
		Public Swimming 7.00am – 9.25am					*Bookable Public Swim 9.30am- 10.25am		*Bookable Public Swim 10.30am- 11.25am		*Bookable Public Swim 11.30am- 12.25pm		*Bookable Public Swim 12.30pm- 1.25pm			*Bookable Fun Session 1.45pm- 3.00pm																
		Public Swimming 7.00am - 8.10am	Aqua- therapy 8.15am - 9.15am				*Bookable Public Swim 9.30am- 10.25am		*Bookable Public Swim 10.30am- 11.25am		*Bookable Public Swim 11.30am- 12.25pm		*Bookable Public Swim 12.30pm- 1.25pm			*Bookable Fun Session 2.00pm- 3.30pm				Swim Academy 4.00pm – 6.30pm				Family Swimming 6.30pm – 9.00pm						Adult Swim 9.00pm – 10.00pm		
		Public Swim 6.00am - 9.25am						Parent & Toddler Lessons 9.30am – 10.30am		*Bookable Public Swim 10.30am- 11.25am		*Bookable Public Swim 11.30am- 12.25pm		*Bookable Public Swim 12.30pm- 1.25pm			*Bookable Fun Session 1.45pm- 3.00pm			Swim Academy 3.30pm – 6.30pm				Family Swimming 6.30pm – 9.00pm						Adult Swim 9.00pm – 10.00pm		
		Public Swimming 7.00am - 8.10am	Aqua- therapy 8.15am - 9.15am				Parent & Toddler Lessons 9.30am – 10.30am		*Bookable Public Swim 10.30am- 11.25am		Parent & Baby AquaFit 11.45am- 12.30pm		*Bookable Public Swim 12.30pm- 1.25pm			*Bookable Fun Session 2.00pm- 3.30pm			Swim Academy 4.00pm – 6.00pm				Family Swim 6.00pm – 7.45pm						Adult Swim 8.00pm – 10.00pm			
		Public Swimming 7.00am – 9.25am						*Bookable Public Swim 9.30am- 10.25am		*Bookable Public Swim 10.30am- 11.25am		*Bookable Public Swim 11.30am- 12.25pm		*Bookable Public Swim 12.30pm- 1.25pm			*Bookable Fun Session 2.00pm- 3.30pm			Swim Academy 4.00pm – 6.00pm				Family Swim 6.00pm – 8.00pm					Adult Swim 8.00pm – 10.00pm			
		Swim Academy 8.00am – 12.00pm										*Bookable Public Swim 12.00pm- 12.55pm		*Bookable Public Swim 1.00pm- 1.55pm			*Bookable Fun Session 2.30pm- 3.30pm			*Bookable Public Swim and Fun Sessions												
		Swim Academy 8.00am – 12.00pm										*Bookable Public Swim 12.00pm- 12.55pm		*Bookable Public Swim 1.00pm- 1.55pm			*Bookable Fun Session 2.30pm- 3.30pm			Party Hire 4pm- 4.45pm												