

Oak Park Active Living Centre

Pool programme during February half term

Monday 17th February to Sunday 23rd February 2025

Monday

7am to 1:30pm	Public swim and lane swim – 3 lanes (main pool)
9am to 10:30am	Toddler Splash (teaching pool)
10:30am to 11:30am	Public swim (teaching pool), booking advised
11:30am to 12:20pm	Public swim (teaching pool), booking advised
12:30pm to 1:30pm	Aqua-therapy, pre assessment required (teaching pool)
2pm to 3:30pm	Floats fun session, booking advised (main pool and teaching pool)
4pm to 6pm	Adult lane swim – 2 lanes (main pool)
6pm to 8pm	Public swim (main pool) and lane swim – 1 lane increasing to 3 lanes at 6:30pm
6:30pm to 8pm	Public swim (teaching pool)
8pm to 9pm	Aquafit, booking advised (main pool and teaching pool)
9pm to 10pm	Adults only (main pool)

Tuesday

7am to 11:30am	Public swim and lane swim – 3 lanes (main pool)
8:30am to 9:30pm	Public swim (learner pool), booking advised
9:30am to 10:30am	Public swim (learner pool), booking advised
10:30am to 11:30am	Public swim (learner pool), booking advised
11:30am to 12:30pm	Aquafit, booking advised (main pool and teaching pool)
12:30pm to 1:30pm	Public swim and lane swim – 3 lanes (main pool)
12:30pm to 1:30pm	Public swim (learner pool), booking advised
2pm to 3:30pm	Inflatable fun session (main pool) floats (teaching pool) booking advised
4pm to 6pm	Adults only lane swim – 2 lanes (main pool)
6pm to 8pm	Public swim and lane swim – 3 lanes (main pool)
6pm to 8pm	Floats fun swim (teaching pool)
8pm to 9pm	Aqua-therapy, assessment required (teaching pool)
8pm to 10pm	Adults only lane swim – 4 lanes (main pool)



Wednesday

7am to 1:30pm	Public swim and lane swim – 3 lanes (main pool)
8am to 9am	Aqua-therapy, assessment required (teaching pool)
10:30am to 11:30am	Public swim, booking advised (teaching pool)
11:30am to 12:30pm	Public swim, booking advised (teaching pool)
12:30pm to 1:30pm	Public swim, booking advised (teaching pool)
2pm to 3:30pm	Floats fun session, booking advised (main pool and teaching pool)
4pm to 7:30pm	Lane swim – 2 lanes increasing to 3 lanes at 6:00pm (main pool)
6pm to 7:30pm	Public swim (teaching pool)
6pm to 8:30pm	Public swim (main pool)
8:30pm to 10pm	Adults only lane swim – 4 lanes (main pool)

Thursday

6am to 1:30pm	Public swim and lane swim – 3 lanes (main pool)
9am to 10:30am	Splash and Play, booking advised (teaching pool)
10:30am to 11:30am	Public swim, booking advised (teaching pool)
11:30am to 12:30pm	Public swim, booking advised (teaching pool)
12:30pm to 1:30pm	Public swim, booking advised (teaching pool)
2pm to 3:30pm	Inflatable fun session, booking advised (main pool floats in the teaching pool)
4pm to 7:30pm	Lane swim – 2 lanes until 6pm, 1 lane until 6:30pm then increasing to 3 lanes (main pool)
6pm to 7:30pm	Public swim (main pool)
6:30pm to 7:30pm	Floats fun swim (teaching pool)
9pm to 10pm	Adults only lane swim – 8 lanes (main pool)

Friday

7am to 11:30am	Public swim and lane swim – 3 lanes (main pool)
11:30am to 12:30pm	Aquafit, booking advised (main pool)
11:30am to 12:30pm	Aquafit, booking advised (teaching pool)
12:30pm to 1:30pm	Public swim, booking advised (teaching pool)
12:30pm to 1:30pm	Public swim and lane swim – 3 lanes (main pool)
2pm to 3:30pm	Floats fun session, booking advised (main pool and teaching pool)
4pm to 7:30pm	Lane swim – 1 lane increasing to 3 lanes at 6:30pm (main pool)
6pm to 7:30pm	Public swim (main pool and from 6:30pm in the teaching pool)
9pm to 10pm	Adults only lane swim – 8 lanes (main pool)



Saturday

8am to 1:15pm	Public swim (main pool)
8am to 9pm	Lane swim – 2 lanes (main pool)
11:30am to 1:15pm	Lane swim (main pool)
12pm to 1pm	Family swim (teaching pool)
1pm to 2pm	Family swim (teaching pool)
1:45pm to 2:45pm	Inflatable fun session, booking advised (main pool)
2pm to 3pm	Floats fun swim (teaching pool)
3pm to 4pm	Inflatable fun session, booking advised (main pool)
3pm to 4pm	Family swim (teaching pool)

Sunday

8am to 5pm	Public swim and lane swim – 1 lane until 10:30am increasing to 3 lanes (main pool)
10am to 11am	Family swim, booking advised (teaching pool)
11:15am to 12:15pm	Floats fun session (teaching pool)
12:30pm to 1:30pm	Family swim, booking advised (teaching pool)
1:45pm to 2:45pm	Floats fun swim (teaching pool)
3pm to 4pm	Family swim, booking advised (teaching pool)

To book sessions please [book here](#)

To complete an Aqua-therapy assessment form [click here](#)

Walsall Leisure Child Admission Policy

- All children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
- In public swimming sessions, in all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
- In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4
Management may use their discretion to amend these ratios.

