



## Swimming Programme Teaching Pool

	06:00	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00			
Monday							Public Swim 8.30am – 9.30am	School Swimming 9.30am – 11.30am	Toddler Splash 11.30am – 1.00pm	School Swimming 1.00pm – 2.30pm	Public Swim 2.30pm – 4.00pm	Swim Academy 4.00pm – 6.30pm	Family Swimming 6.30pm – 9.00pm	Adult Swim 9.00pm – 10.00pm																						
Tuesday		Public Swimming 7.00am – 8.15am	Aqua-therapy 8.15am – 9.15am					School Swimming 10.30am – 11.30am	Splash & Play 11.30am – 1.30pm	School Swimming 1.30pm – 2.30pm	Public Swim 2.30pm – 4.00pm	Swim Academy 4.00pm – 6.30pm	Family Swimming 6.30pm – 9.00pm	Adult Swim 9.00pm – 10.00pm																						
Wednesday		Public Swimming 6.00am – 9.30am				Parent & Toddler Lessons 9.30am – 10.30am	School Swimming 10.30am – 11.30am	Toddler Splash 11.30am – 1.30pm	School Swimming 1.30pm – 2.30pm	Public Swim 2.30pm – 3.30pm	Swim Academy 3.30pm – 6.30pm	Family Swimming 6.30pm – 9.00pm	Adult Swim 9.00pm – 10.00pm																							
Thursday		Public Swimming 7.00am – 8.15am	Aqua-therapy 8.15am – 9.15am	Parent & Toddler Lessons 9.30am – 10.30am	School Swimming 10.30am – 11.30am	Parent & Baby Aquafit 11.45am – 12.30am	School Swimming 1.00pm – 2.30pm	Public Swim 2.30pm – 4.00pm	Swim Academy 4.00pm – 6.00pm	Family Swimming 6.00pm – 7.45pm	Adult Swim 8.00pm – 10.00pm																									
Friday		Public Swim 8.30am – 9.30am	School Swimming 9.30am – 10.30am	Splash & Play 10.30am – 1.30pm	School Swimming 1.30pm – 2.30pm	Public Swim 2.30pm – 4.00pm	Swim Academy 4.00pm – 6.00pm	Family Swimming 6.00pm – 8.00pm	Adult Swim 8.00pm – 10.00pm																											
Saturday							Swim Academy 8.00am – 12.00pm	*Public Swim 12.00pm – 12.55pm	*Public Swim 1.00pm – 1.55pm	*Fun Session 2.30pm – 3.30pm																										
Sunday							Swim Academy 8.00am – 12.00pm	*Public Swim 12.00pm – 12.55pm	*Public Swim 1.00pm – 1.55pm	*Fun Session 2.30pm – 3.30pm	Party Hire 4.00pm – 4.45pm																									

\* Bookable Public Swim and Fun Sessions

**Advanced booking is advised. To book scan the QR Code or visit.**

**<https://go.walsall.gov.uk/sport-and-leisure> and click 'Book Now' (pool sessions will be found in Ticketed Activities)**



Contact our teams who will be happy to advise and help with your enquiry.

**Bloxwich Active Living Centre**

High Street, Bloxwich, Walsall WS3 2DA

Tel: 01922 652900 [www.walsall.gov.uk/leisure](http://www.walsall.gov.uk/leisure)