

# Swimming Programme

## Main Pool



	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00				
<b>Monday</b>	Lane 1																																			
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<b>Tuesday</b>	Lane 1																																			
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<b>Saturday</b>	Lane 1																																			
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<b>Sunday</b>	Lane 1																																			
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### Walsall Leisure Child Admission Policy

1. All Children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
2. During Public swimming sessions; In all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
3. In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4 – Management may use their discretion to amend these ratios.

**Staff training:** Please be aware that we host monthly staff training which may result in amendments to this programme. All changes will be posted in advance on notice boards, Facebook and website.

\*Booking recommended

## Swimming Programme Teaching Pool

	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	
Monday				Public Swimming 7.30am – 3.00pm																				Swim Academy 4.00pm – 6.00pm	Public Swim 6.00pm – 7.00pm	Swim Club 7.00pm – 9.00pm					
Tuesday		Public Swimming 6.30am – 9.00am				Toddler Splash 9.00am – 11.00am					Public Swimming 11.00am – 1.15pm			School Swim 1.30pm – 2.45pm							Swim Academy 3.30pm – 7.00pm						Public Swim 7.15pm – 8pm				
Wednesday		Public Swimming 6.30am – 10.00am				Parent & Toddler Lessons 10pm – 11am					Public Swimming 11.00am – 3.00pm										Swim Academy 3.30pm – 6.00pm				Public Swimming 6.15pm – 8.00pm						
Thursday		Public Swimming 6.30am – 9.00am			School Swim 9.30 – 10.30am				Toddler Splash 11.00am – 1.00pm					School Swim 1.30pm – 3.00pm							Swim Academy 4pm – 5pm	Public Swimming 5.15pm – 7.00pm			Swim Club 7.00pm – 9.00pm						
Friday			Public Swimming 7.30am – 9.15am		School Swim 9.45 – 10.45am			Public Swimming 11.00am – 1.00pm					School Swim	Public Swim 2.15 – 3.15pm							Swim Academy 4pm – 5pm	Public Swimming 5.15pm – 6.30pm									
Saturday				Swim Academy 8.00am – 11.00am				Public Swimming 11.00am – 12.30pm				Fun Session 1.00pm – 2.30pm									Public Swimming 3.00pm – 5.00pm										
Sunday					Public Swimming 8.00am – 12.00pm								Public Swimming 12.30pm – 3.00pm								Swim Club 3.15pm – 5.15pm										

Contact our team who will be happy to advise and help with your enquiry.

**Darlaston Swimming and Fitness Centre**

Victoria Road, Darlaston, Walsall WS10 8AP

Tel: 01922 652255 [www.walsall.gov.uk/leisure](http://www.walsall.gov.uk/leisure)

 @DarlastonPool



Walsall Leisure



Walsall Council

Leisure Services from Walsall Council