

# Darlaston Swimming and Fitness Centre

# Main pool times during term time as of September 2024

### Monday

7:30am to 1:15pm Public swim

7:30am to 6pm Lane swim – 2 lanes 6pm to 7pm Aquafit, booking advised

# Tuesday

6:30am to 10am Public swim and lane swim – 2anes

10am to 11am Ladies only 11am to 1:15pm Public swim

11am to 3:45pm Lane swim – 2 lanes

2:45pm to 3:45pm Public swim

6:15pm to 8pm Public swim and lane swim – 2 lanes

8pm to 9pm Adults only

# Wednesday

6:30am to 9am Public swim

6:30am to 3:45pm Lane swim – 2 lanes

11:30am to 1:15pm Public swim

6:15pm to 8pm Public swim and lane swim – 2 lanes

8pm to 9pm Adults only – 3 lanes

#### Thursday

6:30am to 9am Public swim and lane swim – 2 lanes 10:45am to 1pm Public swim and lane swim – 2 lanes

4pm to 7pm Lane swim – 2 lanes

5:15pm to 7pm Public swim

#### Friday

7:30am to 9:15am Public swim and lane swim – 2 lanes

11am to 1:15pm Public swim

11am to 3:45pm Lane swim – 2 lanes

5:15pm to 6:30pm Public swim

5:30pm to 6:30pm Lane swim – 2 lanes

8:30pm to 9:30pm Adults only lane swim – 2 lanes





### Saturday

10:15am to 12:30pm Public swim and lane swim – 2 lanes

1pm to 2:30pm Inflatable fun session

3pm to 5pm Public swim and lanes swim – 2 lanes

# Sunday

8am to 12pm Public swim and lane swim – 2 lanes

12:30pm to 3pm Public swim

# Teaching pool

# Monday

7:30am to 3pm Public swim 6pm to 7pm Public swim

# Tuesday

6:30am to 9am Public swim
9am to 11am Toddler Splash
11am to 12pm Public swim
7:15pm to 8pm Public swim

# Wednesday

6:30am to 10am Public swim
11am to 3pm Public swim
6:16pm to 8pm Public swim

# Thursday

6:30am to 9am Public swim
11am to 1pm Toddler Splash
5:15pm to 7pm Public swim

### Friday

7:30am to 9:15pm Public swim
11am to 1pm Public swim
2:15pm to 3:15pm Public swim
5:15pm to 8pm Public swim

# Saturday

11am to 1pm Public swim
1pm to 2:30pm Fun session
3pm to 5pm Family swim





# Sunday

8am to 10am Public swim 10:15am to 12pm Public swim 12:30pm to 3pm Public swim

To book family swims and fun sessions please call: 01922 652266 To book Aquafit please <u>book here</u>

# Walsall Leisure Child Admission Policy

- All children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
- In public swimming sessions, in all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
- In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4
- Management may use their discretion to amend these ratios.

