

Swimming Programme Main Pool



	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00
Monday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 7.00am – 9.00am		Public Swimming 9.00am – 1.30pm <small>*2nd Monday of every month. Pool closed 10.30am – 12.30pm for staff training</small>											Schools 1.30pm – 3.00pm	Public Swimming 3.00pm – 4.00pm	Adult Lane Swim 4.00pm – 6.00pm	Public Swimming 6.00pm – 8.00pm		Aquafit 8pm – 9pm <small>*Booking advised</small>	Adult Swim 9pm-10pm										
	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Lane Swimming 7.00am – 9.00am		Lane Swimming 9.00am – 1.30pm <small>*2nd Monday of every month. Pool closed 10.30am – 12.30pm for staff training</small>											Adult Lane Swimming 1.30pm – 3.00pm	Lane Swim 3pm – 4pm	Swimming Lessons 4.00pm – 6.00pm	Lessons	Lane Swimming 6.00pm – 8.00pm												
Tuesday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 7.00am – 9.00am		Schools 9.00am – 10.30am	Public Swimming 10.30am – 11.30am	Aquafit 11.30am – 12.30pm <small>*Booking advised</small>	Public Swimming 12.30pm – 1.30pm	Schools 1.30pm – 3.00pm	50+ Swim 3.00pm – 4.00pm	Adult Lane Swim 4.00pm – 6.00pm	Public Swimming 6.00pm – 8.00pm		Walsall Swimming Club 8.00pm – 9.30pm																		
	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Lane Swimming 7.00am – 9.00am		Lane Swimming 9.00am – 11.30am			Lane Swimming 12.30pm – 1.30pm	Lane Swim 1.30pm – 3pm <small>*Lane swim closed 1st Tuesday of the month for staff training</small>	50+ Lanes 3pm – 4pm	Swimming Lessons 4.00pm – 6.00pm	Lane Swimming 6.00pm – 8.00pm	Adult Lane Swimming 8.00pm – 10.00pm																			
Wednesday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 7.00am – 9.00am		Schools 9.00am-10.00am	Public Swimming 10.00am – 1.30pm			Schools 1.30pm – 3.00pm	Public Swimming 3.00pm – 4.00pm	Adult Lane Swim 4.00pm – 6.00pm	Public Swimming 6.00pm – 8.30pm		Lichfield Swimming Club 8.30pm – 10.00pm																		
	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Lane Swimming 7.00am – 9.00am		Lane Swimming 9.00am – 1.30pm	Adult Lessons 10.30am – 12.00pm			Adult Lane Swimming 1.30pm – 3.00pm	Lane Swim 3pm – 4pm	Swimming Lessons 4.00pm – 6.00pm	Lane Swimming 6.00pm – 7.30pm	Lifesaving 7.30pm-8.30pm	Adult Lane Swim 8.30pm – 10.00pm																		
Thursday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning (6.00am) Swimming 6.00am – 9.00am		Public Swimming 9.00am – 1.30pm			Schools 1.30pm – 3.00pm	50+ Swim 3.00pm – 4.00pm	Adult Lane Swim 4.00pm – 6.00pm	Public Swimming 6.00pm – 7.30pm		Burntwood Swimming Club 7.30pm – 9.00pm		Adult Lane Swimming 9.00pm – 10.00pm																	
	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Lane (6.00am) Swimming 6.00am – 9.00am		Lane Swimming 9.00am – 1.30pm			Adult Lane Swimming 1.30pm – 3.00pm	50+ Lanes 3pm – 4pm	Swimming Lessons 4.00pm – 6.00pm	Lane Swim 6pm-7.30pm <small>Lessons</small>	Walsall Swimming Club 7.30pm – 9.00pm		Adult Lane Swimming 9.00pm – 10.00pm																		
Friday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 7.00am – 9.00am		Public Swimming 9.00am – 11.30am			Aquafit 11.30am – 12.30pm <small>*Booking advised</small>	Public Swimming 12.30pm – 1.30pm	Schools 1.30pm – 3.00pm	Public Swimming 3.00pm – 4.00pm	Adult Lane Swim 4.00pm – 6.00pm	Public Swimming 6.00pm – 7.30pm		Walsall Swimming Club 7.30pm – 9.00pm		Adult Lane Swimming 9.00pm – 10.00pm															
	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Lane Swimming 7.00am – 9.00am		Lane Swimming 9.00am – 11.30am			Lane Swim 12.30pm-1.30pm	Adult Lane Swimming 1.30pm – 3.00pm	Lane Swim 3pm – 4pm	Swimming Lessons 4.00pm – 6.00pm	Lane Swim 6pm-7.30pm <small>Lessons</small>	Adult Lesson		Walsall Swimming Club 7.30pm – 9.00pm		Adult Lane Swimming 9.00pm – 10.00pm															
Saturday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 8.00am-9.00am		Public Swimming 9.00am – 1.15pm			Inflatable Fun Session 1.45pm – 2.45pm <small>*Booking advised</small>	Inflatable Fun Session 3.00pm – 4.00pm <small>*Booking advised</small>	Party Hire 4.15pm – 5.00pm	Swimming Gala Bookings 6.00pm – 9.00pm																					
	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Lane 8am-9am	Swimming Lessons 9.00am – 11.30am			Lane Swimming 11.30am – 1.15pm																									
Sunday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 8.00am – 9.00am		Public Swimming 9.00am – 5.00pm											Walsall Swimming Club 5.00pm – 8.00pm		Walsall Leisure Child Admission Policy														
	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Lane Swim	Swimming Lessons 8.00am – 10.30am			Lane Swimming 9.00am – 5.00pm																									

- Walsall Leisure Child Admission Policy**
- All Children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
 - In Public swimming sessions; In all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
 - In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4 – Management may use their discretion to amend these ratios.

Swimming Programme Teaching Pool

	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30
Monday			Toddler Splash (0.6m) 9.00am – 10.30am			Public Swim 10.30am – 12.30pm <small>*2nd Monday of every month. Pool closed 10.30am – 12.30pm for staff training</small>				*Aqua-therapy 12.30 – 1.30pm	Schools 1.30pm – 3.00pm											Swimming Lessons 3.30pm – 6.30pm	Public Swimming 6.30pm – 8.00pm		*Aqua-therapy 8.00pm – 9.00pm			
Tuesday			Schools 9.00am – 10.30am			Parent & Toddler 10.30am – 11.30am	*Aqua-therapy 11.30am – 12.30pm	Public Swimming 12.30pm – 1.30pm	Schools 1.30pm – 3.00pm									Swimming Lessons 3.30pm – 6.00pm				Floats Fun Swim 6.00pm – 8.00pm		*Aqua-therapy 8.00pm – 9.00pm				
Wednesday		*Aqua-therapy 8.00am – 9.00am	Swim Lessons 9.00am – 10.30am	Adult Lesson 10.30am – 11.15am	Adult Lesson 11.15am – 12.00pm	Public Swimming 12.00pm – 1.30pm	Schools 1.30pm – 3.00pm											Swimming Lessons 3.30pm – 6.00pm				Public Swimming 6.00pm – 7.30pm	Lifesaving 7.30pm – 8.30pm					
Thursday			Splash & Play 9.00am – 10.00am	Schools 10.00am – 12.00pm		Public Swimming 12.00pm – 1.30pm	Schools 1.30pm – 3.00pm											Swimming Lessons 3.30pm – 6.30pm				Floats Fun Swim 6.30pm – 7.30pm	Burntwood Swimming Club 7.30-9pm					
Friday			Swimming Lessons 9.00am – 11.00am	Schools	*Aqua-therapy 11.30am – 12.30pm	Public Swimming 12.30pm – 1.30pm	Schools 1.30pm – 3.00pm											Swimming Lessons 3.30pm – 6.30pm				Public Swimming 6.30pm – 7.30pm	Adult Lessons 7.30pm – 8.30pm					
Saturday			Swimming Lessons 8.00am – 12.00pm				*Family Swim 12.00pm – 1.00pm	*Family Swim 1.00pm – 2.00pm	*Floats Fun Swim 2.00pm – 3.00pm	*Family Swim 3.00pm – 4.00pm	Party Hire 4.15pm – 5.00pm																	
Sunday			Swimming Lessons 8.00am – 10.00am	*Family Swim 10.00am – 11.00am	*Floats Fun Swim 11.15am – 12.15pm	*Family Swim 12.30pm – 1.30pm	*Floats Fun Swim 1.45pm – 2.45pm	*Family Swim 3.00pm – 4.00pm															Walsall Swimming Club 5.00pm – 7.30pm					

*Aqua-therapy- Suitable self assessment required

*Booking advised

Contact our teams who will be happy to advise and help with your enquiry.

Oak Park Active Living Centre

Coppice Road, Walsall Wood Walsall WS9 9BH

Tel: 01922 652266 www.walsall.gov.uk/leisure

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Walsall Leisure



Walsall Council

Leisure Services from Walsall Council