

Oak Park Active Living Centre

Main pool times during term time as of September 2024

Monday

7am to 1:30pm	Public swim and lane swim – 3 lanes (closed the 2 nd Monday of every month between 10:30am to 12:30pm due to staff training)
1:30pm to 6pm	Adult lane swim – 3 / 2 lanes
3pm to 4pm	Public swim
4pm to 6pm	Adults only lane swim – 2 lanes
6pm to 8pm	Public swim and lane swim 3 lanes
8pm to 9pm	Aquafit, booking advised
9pm to 10pm	Adult only swim

Tuesday

7am to 9am	Public swim
9am to 11:30am	Lane swim – 3 lanes
10:30am to 11:30am	Public swim
11:30am to 12:30pm	Aquafit, booking advised
12:30pm to 1:30pm	Public swim and lane swim – 3 lanes
1:30pm to 3pm	Lane swim – 3 lanes, Closed the first Tuesday of every month due to staff training.
3pm to 4pm	50+ swim
4pm to 8pm	Lane swim – 2 / 3 lanes
6pm to 8pm	Public swim
8pm to 10pm	Adult lane swim – 4

Wednesday

7am to 9am	Public swim
7am to 1:30pm	Lane swim – 3 lanes, reduced to 1 lane between 10:30am to 12pm due to lessons
10am to 1:30pm	Public swim
1:30pm to 4pm	Lane swim – 3 lanes
3pm to 4pm	Public swim
4pm to 7:30pm	Lane swim – 2 / 3 lanes, 4pm to 6pm Adults only
6pm to 7:30pm	Public swim
9pm to 10pm	Adults only lane swim – 4 lanes

Thursday

6am to 1:30pm	Public swim and lane swim – 3 lanes
1:30pm to 3pm	Adult Lane swim – 3 lanes
3pm to 4pm	50+ swim and lane swim 3 lanes
4pm to 7:30pm	Lane swim – 2 / 3 lanes
6pm to 7:30pm	Public swim
9pm to 10pm	Adults only lane swim – 8 lanes



Friday

7am to 11:30am	Public swim and lane swim – 3 lanes
11:30am to 12:30pm	Aquafit, booking advised
12:30pm to 1:30pm	Public swim
12:30pm to 4pm	Lane swim – 3 lanes. adults only between 1:30pm to 3pm
3pm to 4pm	Public swim
4pm to 6pm	Adults only lane swim – 2 lanes
6pm to 7:30pm	Public swim and lane swim – 3 lanes
9pm to 10pm	Adults only lane swim – 8 lanes

Saturday

8am to 9am	Lane swim – 3 lanes
8am to 1:15pm	Public swim
11:30am to 1:15pm	Lane swim – 3 lanes
1:45pm to 2:45pm	Inflatable fun session, booking advised
3pm to 4pm	Inflatable fun session, booking advised

Sunday

8am to 5pm	Public swim
8am to 10:30am	Lane swim – 1 lane
10:30am to 5pm	Lane swim – 3 lanes

Teaching pool

Monday

9am to 10:30am	Toddler Splash
10:30am to 12:30pm	Public swim (closed the 2 nd Monday of every month due to staff training)
12:30pm to 1:30pm	Aqua-therapy, assessment required
6:30pm to 8pm	Public swim
8pm to 9pm	Aquafit, booking advised

Tuesday

10:30am to 11:30am	Parent and Toddler
11:30am to 12:30pm	Aquafit, booking advised
12:30pm to 1:30pm	Public swim
6pm to 8pm	Floats fun session
8:30pm to 9:30pm	Aqua-therapy, assessment required

Wednesday

8am to 9am	Aqua-therapy, assessment required
12pm to 1:30pm	Public swim
6pm to 7:30pm	Public swim



Thursday

9am to 10am	Splash and Play
12pm to 1:30pm	Public swim
6:30pm to 7:30pm	Floats fun session

Friday

11:30am to 12:30pm	Aquafit, booking advised
12:30pm to 1:30pm	Public swim
6:30pm to 7:30pm	Public swim

Saturday

12pm to 1pm	Family swim, booking advised
1pm to 2pm	Family swim, booking advised
2pm to 3pm	Floats fun session, booking advised
3pm to 4pm	Family swim, booking advised

Sunday

10am to 11am	Family swim, booking advised
11:15am to 12:15pm	Floats fun session, booking advised
12:30pm to 1:30pm	Family swim, booking advised
1:45pm to 2:45pm	Floats fun session, booking advised
3pm to 4pm	Family swim, booking advised

To book family swims and fun sessions please call: 01922 652266

To book Aquafit please [book here](#)

To complete an Aqua-therapy assessment form [click here](#)

Walsall Leisure Child Admission Policy

- All children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
- In public swimming sessions, in all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
- In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4
- Management may use their discretion to amend these ratios.

