

Swimming Programme

Main Pool

Advanced booking is advised.
 To book scan the QR Code or visit
<https://go.walsall.gov.uk/sport-and-leisure>
 and click 'Book Now' (pool sessions can be found in Ticketed Activities)



	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00
Monday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 7.00am – 9.00am		Public Swimming 9.00am – 1.30pm												Floats Fun Session 2.00pm – 3.30pm *Booking advised		Adult Lane Swim 4.00pm – 6.00pm		Swimming Lessons 4.00pm – 6.00pm		Public Swimming 6.00pm – 8.00pm		Aquafit 8.00pm – 9.00pm *Booking advised		Adult Swimming 9.00pm – 10.00pm					
Tuesday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 7.00am – 9.00am		Public Swimming 9.00am – 11.30am				Aquafit 11.30am – 12.30pm *Booking advised		Public Swimming 12.30pm – 1.30pm		Swimming Lessons 4.00pm – 6.00pm		Public Swimming 6.00pm – 8.00pm		Adult Lane Swimming 8.00pm – 10.00pm															
Wednesday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 7.00am – 9.00am		Public Swimming 9.00am – 1.30pm												Floats Fun Session 2.00pm – 3.30pm *Booking advised		Adult Lane Swim 4.00pm – 6.00pm		Swimming Lessons 4.00pm – 6.00pm		Public Swimming 6.00pm – 8.30pm		Lichfield Swimming Club 8.30pm – 10.00pm		Adult Lane Swim 8.30pm – 10.00pm					
Thursday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 7.00am – 9.00am		Public Swimming 9.00am – 1.30pm												Inflatable Fun Session 2.00pm – 3.30pm *Booking advised		Adult Lane Swim 4.00pm – 6.00pm		Swimming Lessons 4.00pm – 6.00pm		Public Swimming 6.00pm – 7.30pm		Burntwood Swimming Club 7.30pm – 9.00pm		Adult Lane Swimming 9.00pm – 10.00pm					
Friday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 7.00am – 9.00am		Public Swimming 9.00am – 11.30am				Aquafit 11.30am – 12.30pm *Booking advised		Public Swimming 12.30pm – 1.30pm		Swimming Lessons 4.00pm – 6.00pm		Public Swimming 6.00pm – 7.30pm		Walsall Swimming Club 7.30pm – 9.00pm		Adult Lane Swimming 9.00pm – 10.00pm													
Saturday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 8.00am – 9.00am		Public Swimming 9.00am – 1.15pm				Swimming Lessons 9.00am – 11.30am		Lane Swimming 11.30am – 1.15pm		Inflatable Fun Session 1.45pm – 2.45pm *Booking advised		Inflatable Fun Session 3.00pm – 4.00pm *Booking advised		Party Hire 4.15pm – 5.00pm		Swimming Gala Bookings 6.00pm – 9.00pm													
Sunday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 8.00am – 9.00am		Public Swimming 9.00am – 5.00pm												Walsall Swimming Club 5.00pm – 7.30pm															

Please note:
Times are subject to change

Walsall Leisure Child Admission Policy

1. All Children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
2. In Public swimming sessions; In all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
3. In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4 – Management may use their discretion to amend these ratios.

Swimming Programme Teaching Pool

	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30
Monday				Toddler Splash (0.6m) 9.00am – 10.30am		*Bookable Public Swim 10.30am – 11.30am		*Bookable Public Swim 11.30am – 12.30pm		*Aqua-therapy 12.30pm – 1.30pm				*Floats Fun Swim 2.00pm – 3.30pm			Swimming Lessons 3.30pm – 6.30pm					Public Swimming 6.30pm – 8.00pm				*Aqua-fit 8.00pm – 9.00pm		
Tuesday		*Bookable Public Swim 8.30am – 9.30am	*Bookable Public Swim 9.30am – 10.30am	*Bookable Public Swim 10.30am – 11.30am		*Aqua-fit 11.30am – 12.30pm		*Bookable Public Swim 12.30pm – 1.30pm					*Floats Fun Swim 2.00pm – 3.30pm			Swimming Lessons 3.30pm – 6.00pm					Floats Fun Swim 6.00pm – 8.00pm				*Aqua-therapy 8.00pm – 9.00pm			
Wednesday	*Aqua-therapy 8.00am – 9.00am		Swim Lessons 9.30am – 10.30am			*Bookable Public Swim 10.30am – 11.30am	*Bookable Public Swim 11.30am – 12.30pm	*Bookable Public Swim 12.30pm – 1.30pm					*Floats Fun Swim 2.00pm – 3.30pm			Swimming Lessons 3.30pm – 6.00pm					Public Swimming 6.00pm – 7.30pm				Lifesaving 7.30pm – 8.30pm			
Thursday			*Splash & Play 9.00am – 10.30am			*Bookable Public Swim 10.30am – 11.30am	*Bookable Public Swim 11.30am – 12.30pm	*Bookable Public Swim 12.30pm – 1.30pm					*Floats Fun Swim 2.00pm – 3.30pm			Swimming Lessons 3.30pm – 6.30pm					Floats Fun Swim 6.30pm – 7.30pm			Burntwood Swimming Club 7.30pm – 9.00pm				
Friday			Swimming Lessons 9.00am – 11.00am				*Aqua-fit 11.30am – 12.30pm	*Bookable Public Swim 12.30pm – 1.30pm					*Floats Fun Swim 2.00pm – 3.30pm			Swimming Lessons 3.30pm – 6.30pm					Public Swim 6.30pm – 7.30pm							
Saturday		Swimming Lessons 8.00am – 12.00pm						*Family Swim 12.00pm – 1.00pm	*Family Swim 1.00pm – 2.00pm		*Floats Fun Swim 2.00pm – 3.00pm	*Family Swim 3.00pm – 4.00pm				*Party Hire 4.15pm – 5.00pm												
Sunday		Swimming Lessons 8.00am – 10.00am			*Family Swim 10.00am – 11.00am		*Floats Fun Swim 11.15am – 12.15pm	*Family Swim 12.30pm – 1.30pm		*Floats Fun Swim 1.45pm – 2.45pm	*Family Swim 3.00pm – 4.00pm																	

*Aqua-therapy – Suitable self assessment required

*Booking advised

Contact our teams who will be happy to advise and help with your enquiry.

Oak Park Active Living Centre

Coppice Road, Walsall Wood Walsall WS9 9BH

Tel: 01922 652266 www.walsall.gov.uk/leisure

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Walsall Leisure



Walsall Council

Leisure Services from Walsall Council