

Swimming Programme

Swimming Lessons 8.00am - 10.30an

Main Pool

Lane 7

Lane 8

Advanced booking is advised.
To book scan the QR Code or visit
https://go.walsall.gov.uk/sport-and-leisure
and click 'Book Now' (pool sessions can be
found in Ticketed Activities)

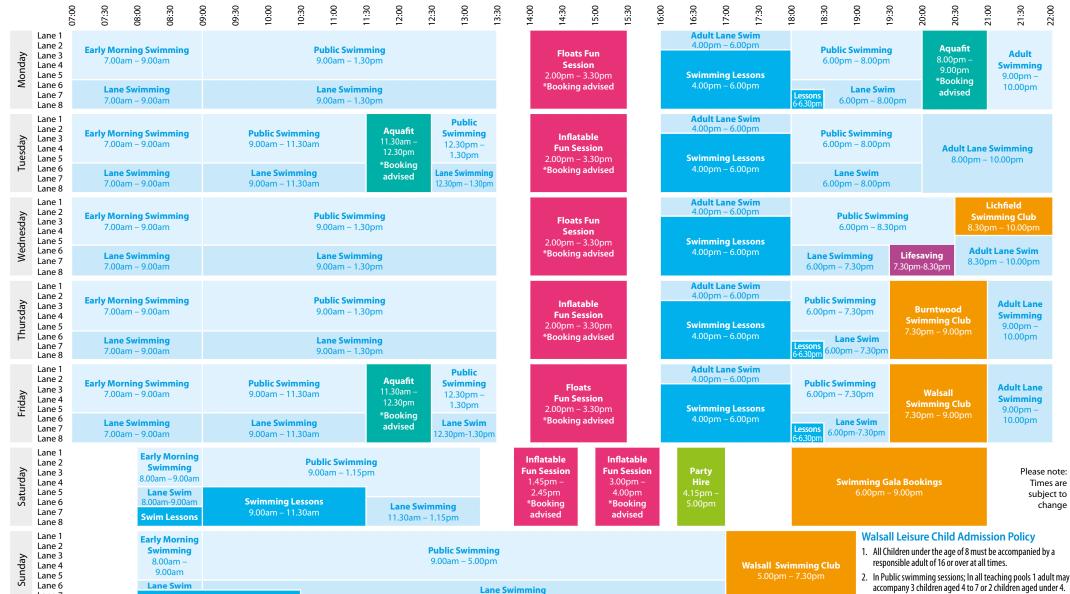




3. In all other pools 1 adult may accompany 2 children aged 4

discretion to amend these ratios.

to 7 or 1 child aged under 4 – Management may use their



9.00am - 5.00pm

Oak Park Active Living Centre

Swimming Programme

Teaching Pool

	08:00 08:30 09:00 09:30 10:00	10:30 11:00 11:30 12:00	12:30	14:00 14:30 15:00	16:30 16:30 17:00 17:30	18:30 19:00 19:30 20:00 20:30 21:00
Monday	Toddler Splash (0.6m) 9.00am – 10.30am	*Bookable *Bookable Public Public Swim Swim 10.30am - 11.30am 12.30pm	*Aqua- therapy 12.30pm – 1.30pm	*Floats Fun Swim 2.00pm – 3.30pm	Swimming Lessons 3.30pm – 6.30pm	Public Swimming 6.30pm – 8.00pm
Tuesday	*Bookable Public Swim 8.30am - 9.30am *Bookable Public Swim 9.30am 10.30am	**Bookable Public Swim 10.30am - 11.30am 12.30pm	Swim	*Floats Fun Swim 2.00pm – 3.30pm	Swimming Lessons 3.30pm – 6.00pm	Floats Fun
Wednesday	*Aqua- therapy Lessons 8.00am – 9.30am- 9.00am 10.30am	*Bookable *Bookable Public Public Swim Swim 10.30am - 11.30am - 12.30pm	Public Swim - 12.30pm –	*Floats Fun Swim 2.00pm – 3.30pm	Swimming Lessons 3.30pm – 6.00pm	Public Swimming 6.00pm – 7.30pm
Thursday	*Splash & Play 9.00am- 10.30am	*Bookable *Bookable Public Public Swim Swim 10.30am - 11.30am 12.30pm	Public Swim	*Floats Fun Swim 2.00pm – 3.30pm	Swimming Lessons 3.30pm – 6.30pm	Floats Fun Swimming Club 6:30pm - 7.30pm 9.00pm
Friday	Swimmin Lessons 9.00am – 11.00am	*Aquafit 11.30am -		*Floats Fun Swim 2.00pm – 3.30pm	Swimming Lessons 3.30pm – 6.30pm	Public Swim 6.30pm – 7.30pm
Saturday	Swimming Lessons 8.00am – 12.00pm		wim Swim 00pm- 1.00pm – 2.00pm	2.00pm – 3.00	rim Hire	
Sunday	Lessons Sw 8.00am – 10.0	*Floats vim Fun Swim 10am – 11.15am – 10am 12.15pm	Swim F 12.30pm –	1.45pm – 3.00	rim	

^{*}Aquatherapy - Suitable self assessment required

Contact our teams who will be happy to advise and help with your enquiry.

Oak Park Active Living Centre

Coppice Road, Walsall Wood Walsall WS9 9BH Tel: 01922 652266 www.walsall.gov.uk/leisure





^{*}Booking advised