

# Swimming Programme

## Main Pool



		06:00	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00
Monday	Lane 1			<b>Public Swimming</b> 7.00am – 9.30am				<b>School Swimming</b> 9.30am – 11.30am				<b>Public Swimming</b> 11.30am – 1.00pm		<b>School Swimming</b> 1.00pm – 2.30pm		<b>Public Swimming</b> 2.30pm – 4.00pm		<b>Swim Academy</b> 4.00pm – 6.00pm				<b>Public Swimming</b> 6.00pm – 7.30pm		<b>Ladies Only</b> 7.30pm – 8.30pm		<b>Adult Swimming</b> 8.30pm – 10.00pm								
	Lane 2																																	
	Lane 3																																	
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	Lane 5																																	
	Lane 6																																	
Tuesday	Lane 1			<b>Public Swimming</b> 7.00am – 9.15am				<b>Aqua-Fit</b> 9.30am – 10.15am		<b>School Swimming</b> 10.30am – 11.30am		<b>Public Swimming</b> 11.30am – 1.30pm		<b>School Swimming</b> 1.30pm – 2.30pm		<b>Public Swimming</b> 2.30pm – 4.00pm		<b>Swim Academy</b> 4.00pm – 6.15pm				<b>Public Swimming</b> 6.15pm – 7.30pm		<b>Aqua-Fit</b> 7.30pm – 8.30pm		<b>Adult Swimming</b> 8.45pm – 10.00pm								
	Lane 2																																	
	Lane 3																																	
	Lane 4																																	
	Lane 5																																	
	Lane 6																																	
Wednesday	Lane 1			<b>Public Swimming</b> 6.00am – 9.30am				<b>School Swimming</b> 9.30am – 11.30am				<b>Public Swimming</b> 11.30am – 1.30pm		<b>School Swimming</b> 1.30pm – 2.30pm		<b>Public Swimming</b> 2.30pm – 3.30pm		<b>Swim Academy</b> 3.30pm – 6.00pm				<b>Walsall Swimming Club</b> 6.30pm – 8.00pm		<b>Public Swim</b> 8.15pm – 9.00pm		<b>Adult Swimming</b> 9.00pm – 10.00pm								
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Thursday	Lane 1			<b>Public Swimming</b> 7.00am – 10.30am				<b>School Swimming</b> 10.30am – 11.30am		<b>Public Swimming</b> 11.30am – 12.30pm		<b>School Swimming</b> 12.30pm – 2.30pm		<b>Public Swimming</b> 2.30pm – 3.30pm		<b>Swim Academy</b> 3.30pm – 6.00pm				<b>Public Swimming</b> 6.00pm – 7.00pm		<b>Aqua-Fit</b> 7.00pm – 7.45pm		<b>Adult Swimming</b> 8.00pm – 10.00pm										
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Friday	Lane 1			<b>Public Swimming</b> 7.00am – 9.30am				<b>School Swimming</b> 9.30am – 10.30am		<b>Public Swimming</b> 10.30am – 11.30am		<b>Aqua-Fit</b> 11.30am – 12.15pm		<b>Public Swimming</b> 12.15pm – 1.30pm		<b>School Swimming</b> 1.30pm – 2.30pm		<b>Public Swimming</b> 2.30pm – 4.00pm		<b>Swim Academy</b> 4.00pm – 6.00pm				<b>Adult Lessons</b> 6.15pm – 7.00pm		<b>Public Swimming</b> 7pm – 8pm		<b>Adult Swimming</b> 8.00pm – 10.00pm						
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**Walsall Leisure Child Admission Policy**

- All Children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
- In Public swimming sessions; In all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
- In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4 – Management may use their discretion to amend these ratios.

Please note during Swim Academy lessons only one swimming lane will be available.

## Swimming Programme Teaching Pool

	06:00	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00				
Monday						Public Swim 8.30am – 9.30am	School Swimming 9.30am – 11.30am	Toddler Splash 11.30am – 1.00pm	School Swimming 1.00pm – 2.30pm	Public Swim 2.30pm – 4.00pm	Swim Academy 4.00pm – 6.30pm	Family Swimming 6.30pm – 9.00pm	Adult Swim 9.00pm – 10.00pm																								
Tuesday		Public Swimming 7.00am – 8.15am	Aqua-therapy 8.15am – 9.15am				School Swimming 10.30am – 11.30am	Splash & Play 11.30am – 1.30pm	School Swimming 1.30pm – 2.30pm	Public Swim 2.30pm – 4.00pm	Swim Academy 4.00pm – 6.00pm	Family Swimming 6.15pm – 9.00pm	Adult Swim 9.00pm – 10.00pm																								
Wednesday		Public Swimming 6.00am – 9.30am			Parent & Toddler Lessons 9.30am – 10.30am	School Swimming 10.30am – 11.30am	Toddler Splash 11.30am – 1.30pm	School Swimming 1.30pm – 2.30pm	Public Swim 2.30pm – 3.30pm	Swim Academy 3.30pm – 6.30pm	Family Swimming 6.30pm – 9.00pm	Adult Swim 9.00pm – 10.00pm																									
Thursday		Public Swimming 7.00am – 8.15am	Aqua-therapy 8.15am – 9.15am	Parent & Toddler Lessons 9.30am – 10.30am	School Swimming 10.30am – 11.30am	Toddler Splash 11.30am – 1.00pm	School Swimming 1.00pm – 2.30pm	Public Swim 2.30 – 3.30pm	Swim Academy 3.30pm – 6.00pm	Family Swimming 6.00pm – 7.45pm	Adult Swim 8.00pm – 10.00pm																										
Friday		Public Swim 8.30am – 9.30am	School Swimming 9.30am – 10.30am	Splash & Play 10.30am – 12.30pm	School Swimming 12.30pm – 2.30pm	Public Swim 2.30pm – 4.00pm	Swim Academy 4.00pm – 6.00pm	Family Swimming 6.00pm – 8.00pm	Adult Swim 8.00pm – 10.00pm																												
Saturday						Swim Academy 8.00am – 12.00pm	*Public Swim 12.00pm – 12.55pm	*Public Swim 1.00pm – 1.55pm	*Fun Session 2.30pm – 3.30pm																												
Sunday						Swim Academy 8.00am – 11.00am	*Public Swim 11.00am – 11.55am	*Public Swim 12.00pm – 12.55pm	*Public Swim 1.00pm – 1.55pm	*Fun Session 2.30pm – 3.30pm	Party Hire 4.00pm – 4.45pm																										

\* Bookable Public Swim and Fun Sessions

**Advanced booking is advised. To book scan the QR Code or visit.**

**<https://go.walsall.gov.uk/sport-and-leisure> and click 'Book Now'**  
(pool sessions will be found in Ticketed Activities)



Contact our teams who will be happy to advise and help with your enquiry.

**Bloxwich Active Living Centre**

High Street, Bloxwich, Walsall WS3 2DA

Tel: 01922 652900 [www.walsall.gov.uk/leisure](http://www.walsall.gov.uk/leisure)



**Walsall Leisure**



**Walsall Council**

Leisure Services from Walsall Council