

Walsall Gala Swimming and Fitness Centre

Pool timetable during Easter Monday 25th March to Sunday 7th April

The centre will be closed on Bank holiday Friday 29th March and Monday 1st April

Monday 25th March

7am to 8:30am Public swim (main pool)

8am to 9am Aqua-therapy (brine pool) – assessment required

9am to 11am Adults only (brine pool)

10:30am to 6:30pm Lane swim – 2 lanes (main pool)
11:45am to 1:15pm Public swim (main and teaching pool)

12pm to 1:30pm Toddler Splash (brine pool)
12pm to 7:30pm Public swim (brine pool)

1:15pm to 2:30pm Floats fun session (teaching pool)

7:30pm to 8:30pm Disability swim (brine pool)

Tuesday 26th March and 2nd April

7:30am to 7:30pm Lane swim – 2 lanes (main pool)

7:30am to 9am Public swim (brine pool)
9am to 10am Adults only (brine pool)
10am to 11am Aquacise (brine pool)
11:15am to 12:30pm Disability swim (brine pool)
11:45am to 1:15pm Public swim (main pool)
11:45am to 2:30pm Public swim (teaching pool)

1pm to 2pm Aqua-therapy (brine pool) – assessment required

2pm to 3pm Toddler splash (brine pool) 2pm to 6:30pm Public swim (brine pool) 6:30pm to 7:30pm Aquacise (brine pool)

Wednesday 27th March and 3rd April

7am to 8:30am Public swim (teaching pool)
7am to 6pm Lane swim – 2 lanes (main pool)

7am to 8:30am
7:15am to 8am
9am to 11:30am
Public swim (main pool)
Aquacise (brine pool)
Public swim (brine pool)

11:45am to 1:15pm Public swim (main and teaching pool)

1pm to 2pm Aqua-therapy (brine pool) – assessment required





1:15pm to 2:30pm Floats fun session (teaching pool)

2pm to 4pm Adults only (brine pool)

4pm to 6pm Public swim (main and teaching pool)
4pm to 5:30pm Ladies & under 13s only (brine pool)

5:30pm to 7:30pm Public swim (brine pool)

7:30pm to 8:30pm Aqua-therapy (brine pool) – assessment required

Thursday 28th March and 4th April

7:30am to 7pm Lane swim – 2 lanes (main pool)

7:30am to 9:30am Public swim (brine pool)
9am to 11am Adults only (brine pool)
11.45am to 2:30pm Public swim (teaching pool)
12pm to 1:30pm Public swim (brine pool)

1:30pm to 2:30pm Aqua-therapy (brine pool) – assessment required

2:30pm to 3:30pm
2:30pm to 7pm
4pm to 6pm
7:30pm to 8:30pm
Aquacise (brine pool)

Friday 5th April

7am to 6pm Lane swim (main pool)

7am to 8:30am Public swim (main and teaching pool)

9am to 10am Aqua-therapy (brine pool) – assessment required

10am to 12pm Public swim (brine pool)

11:45am to 1:15pm Public swim (main and teaching pool)

12pm to 1:30pm Adults only (brine pool)

1:15pm to 2:30pm Floats fun session (teaching pool)

1:30pm to 2:30pm Aqua-therapy (brine pool) – assessment required

2:30pm to 3:30pm
2:30pm to 7:30pm
4pm to 5pm
7:30pm to 8:30pm
Adults only (brine pool)
Adults only (brine pool)

Saturday 30th March and 6th April

7:30am to 9am Lane swim – 2 lanes (main pool)

7:30am to 12:30pm Public swim (brine pool)

12:30pm to 1:30pm Public swim (main and teaching pool)

12:30pm to 3pm Family swim (brine pool)
3pm to 4pm Disability swim (brine pool)





Sunday 31st March and 7th April

7:30am to 12pm Public swim (main and teaching pool)

7:30am to 3pm Public swim (brine pool)

To book Aquafit please <u>book here</u>
To complete an Aqua-therapy assessment form <u>click here</u>

Walsall Leisure Child Admission Policy

- All children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
- In public swimming sessions, in all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
- In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4
- Management may use their discretion to amend these ratios.

