

Swimming Programme  
Main Pool



	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00			
Monday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6			Public Swimming 7.30am – 10.00am					Public Swimming 10.30am – 3.30pm														Swim Academy 4.00pm – 6.00pm		
				Lane Swim 7.30am – 10.00am					Lane Swimming 10.30am – 3.30pm																
Tuesday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Public Swimming 6.30am – 10.00am						Ladies Only 10.00am – 11.00am	Public Swimming 11.00am – 1.00pm					Private Booking 1.30pm – 3.00pm								Swim Academy 4.00pm – 6.00pm			
		Lane Swimming 6.30am – 10.00am							Lane Swimming 11.00am – 1.00pm																
Wednesday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Public Swimming 6.30am – 10.00am							Public Swimming 10.30am – 1.00pm					Inflatable Fun Session 1.30pm – 3.00pm								Swim Academy 4.00pm – 6.00pm			
		Lane Swimming 6.30am – 10.00am							Lane Swimming 10.30am – 1.00pm																
Thursday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Public Swimming 6.30am – 10.00am							Public Swimming 10.30am – 1.00pm					Floats Fun Session 1.30pm – 3.00pm								Swim Academy 4.00pm – 5.00pm			
		Lane Swimming 6.30am – 10.00am							Lane Swim 10.30am – 1.00pm																
Friday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	CENTRE CLOSED – BANK HOLIDAY																							
Saturday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Swim Academy 8.00am – 10.00am							Public Swimming 10.15am – 12.30pm					Inflatable Fun Session 1.00pm – 2.30pm					Public Swimming 3.00pm – 5.00pm						
									Lane Swimming 10.30am – 12.30pm																
Sunday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Public Swimming 8.00am – 12.00pm												Public Swimming 12.30pm – 3.00pm					Swimming Club 3.00pm – 5.00pm						
		Lane Swimming 8.00am – 12.00pm																							

\*Booking recommended

Walsall Leisure Child Admission Policy

1. All Children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
2. During Public swimming sessions; In all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
3. In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4 – Management may use their discretion to amend these ratios.

**Staff training:** Please be aware that we host monthly staff training which may result in amendments to this programme. All changes will be posted in advance on notice boards, Facebook and website.

Teaching Pool

	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00		
Monday			Public Swim 7.30am -8.30am			Crash Course Swimming Lessons 9.00am-11.30am	Public Swimming 11.30am – 3.30pm														Swim Academy 4.00pm – 6.00pm						Swim Club 7.00pm – 9.00pm					
Tuesday			Public Swimming 6.30am – 8.30am			Crash Course Swimming Lessons 9.00am-11.30am				Parent & Toddler Lessons 12.15pm-1.15pm			Private Booking 1.30pm – 3.00pm								Swim Academy 4.00pm – 7.00pm						Public Swim 7-8pm					
Wednesday			Public Swimming 6.30am – 8.30am			Crash Course Swimming Lessons 9.00am-11.30am				Public Swimming 11.30am – 1.00pm				Fun Session 1.30pm – 3.00pm							Swim Academy 4.00pm – 6.00pm						Public Swimming 6.15pm – 8.00pm					
Thursday			Public Swimming 6.30am – 8.30am			Crash Course Swimming Lessons 9am-10am				Public Swimming 10.30am – 1.00pm				Fun Session 1.30pm – 3.00pm							Swim Academy 4.00pm-5.00pm						Public Swimming 5.15pm – 7.00pm					
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Saturday						Swim Academy 8.00am – 11.00am				Public Swimming 11.00am – 12.30pm				Fun Session 1.00pm – 2.30pm							Public Swimming 3.00pm – 5.00pm											
Sunday						Public Swimming 8.00am – 10.00am				Family Swim 10.00am – 12.00pm				Public Swimming 12.30pm – 3.00pm							Swim Club 3.00pm – 5.00pm											

Contact our team who will be happy to advise and help with your enquiry.

**Darlaston Swimming and Fitness Centre**  
Victoria Road, Darlaston, Walsall. WS10 8AP  
Tel: 01922 652255   www.walsall.gov.uk/leisure   [f](#)@DarlastonPool

Swimming Programme  
Main Pool



	0630	0700	0730	0800	0830	0900	0930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700
Monday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	CENTRE CLOSED – BANK HOLIDAY																				
Tuesday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Public Swimming 6.30am – 10.00am				Ladies Only 10.00am – 11.00am				Public Swimming 11.00am – 1.00pm				Floats Fun Session 1.30pm – 3.00pm				Swim Academy 4.00pm – 6.00pm				
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Sunday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6	Public Swimming 8.00am – 12.00pm				Public Swimming 12.30pm – 3.00pm				Swimming Club 3.00pm – 5.00pm												
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\*Booking recommended

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