

Evidence, Engagement and Consultation Summary

Ref no. P1 Leisure health checks

Description of proposal

Title for consultation: Use of body composition scales for leisure health checks

Use of body composition scales as part of health checks in active living centres will provide people with detailed, personalised health information. Individuals can use the information to:

understand their overall health
help achieve their health goals

By investing in this equipment residents can be better supported to live healthier lifestyles and be signposted to other services. Revenue from the anticipated increase in gym memberships and participation in activities will be used to cover ongoing costs.

New income: £25,250 phased over 2 years from 2024/25

Implementation requires a one-off investment of £40,000 for equipment purchase and set up in 2024/25.

Estimated Net Saving / new income

£25,250

Summary of evidence, engagement, and consultation

3 responses on this proposal were made via the online survey, 10% of all responses received.

Responses were evenly split with 1 person each saying they did not support this proposal, 1 supported it but with concerns / amendments and 1 fully supported the proposal.

A single comment in support of the proposal was made;

“Anything to help people achieve better health is a good thing.”

In terms of alternative suggestions one person said:

“Be at the forefront of newly emerging trends in health and exercise. Do more outreach in the community to raise the profile and generate new members.”

Overall opinion from engagement and consultation

Overall opinion on this proposal is divided.

Justifiable action from the evidence, engagement and consultation suggested in the Equality Impact Assessment

A - No major change required.

Mitigating actions required, if proposal approved

NA

People potentially negatively affected if proposal approved

NA

Response from Walsall Council on Proposal Ref P1

Following consideration of consultation feedback and equality impact assessment, Cabinet intend to implement the proposal.