



What are Small Supports?



Small Supports are new health and social care support providers for people with learning disabilities and/or autistic people.



They will help arrange support for people who need to leave secure or locked services



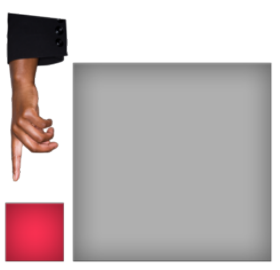
so they can live in their own home in the community.



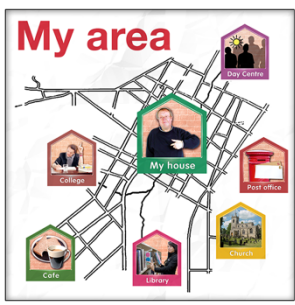
They can help people who have been in contact with the police or the criminal justice system



or people who have experienced mental health issues and have a learning disability and/or are autistic.



They are different because they are committed to staying small and local.



This means they can get to know you and the important people in your life.

Small Supports will focus on what really matters to people



**Your Rights
Your Choice**

**Your Strengths
Gifts and Skills**

**You at the
Centre**

**Your
Relationships
and Community**

**Your Home
and Support**



Small Supports will focus on you and your rights.



Having great person-centred support for you.



Making sure you are at the centre of the decision making about your life and have enough money to have choice.



Having good relationships where you are valued.



Getting support to make new relationships and keep in touch with friends and family.





Being able to join in and give back to your local community.

This could be volunteering or working.



A home of your own where you have private space to be yourself and feel safe.



Small Supports will put you at the centre of all these things so you can get the life you choose with great support.



How can a Small Supports provider help you?



Small Supports can help you find a place you love to live in and the support you need to keep living there.

Your housing and your support will be separate.



This means the Small Supports provider may provide your support, but they will not own the property you live in.



Small Supports can help you to keep well and stay out of hospital.

A Small Supports provider will stay with you as long as you need them.



They will listen to you and your chosen family and friends, and act quickly if things are not working well.



Small Supports will be flexible and creative to help you plan the life you want with the support you need.



To do this Small Supports can use **personal budgets**.

This means you can get money for your support as a **direct payment**, an **individual service fund** or a **personal health budget**.

Please see the separate leaflet about **Personal Budgets**.



Small Supports providers will stay small.

We believe this will help you get good quality support because everyone gets to know and understand each other really well.



How will Small Supports help you when you are getting ready to move?



When choosing a provider, you can ask people you trust to help you, like friends or family.

You can choose the people you want to support you.

You can say 'no' or change your mind if things don't feel right.



The provider you choose will develop a good relationship with you.



They will spend time with you to get to know you better.



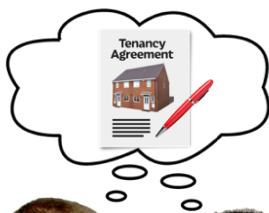
They will listen to your ideas, dreams and aspirations for your life.



Small Supports providers will help you plan what you want to happen and when.



They will support you to find a home of your own.



They will help you understand your tenancy, your rights and responsibilities.



Your provider will help you plan the support you need.



You and your chosen friends, family and people you trust can be involved in choosing and training your staff.

Your provider will try to keep the same support staff who know you well and who you trust.



The provider will help you work out what money you have to pay your bills.

They will help you get the benefits you need.



The provider will help you plan what you want to do in your day.



They will support you to get involved in things happening near where you live.



Small Supports providers want to stick with you through good and bad times.



During the hard times, the provider will work with you to help you make things better quickly and be safe.



If you think Small Supports might be able to help you or someone you know, please contact us to find out more.



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Or look at our webpages:



[What are Small Supports](#)

[Small Supports better lives](#)

[Information about Small Supports](#)