

# Darlaston Swimming and Fitness Centre

Main pool times during term time as of 20<sup>th</sup> June 2023

## Monday

7:30am to 9:30am	Public swim and lane swim – 2 lanes
12pm to 1:15pm	Public swim
12pm to 3:45pm	Lane swim – 2 lanes
5pm to 6pm	Public swim and lane swim 2 lanes
6pm to 7pm	Aquafit, booking advised

## Tuesday

6:30am to 10am	Public swim and lane swim – 2 lanes
10am to 11am	Ladies only
11am to 1:15pm	Public swim
11am to 3:45pm	Lane swim – 2 lanes
2:45pm to 3:45pm	Public swim
6:15pm to 8pm	Public swim and lane swim – 2 lanes
8pm to 9pm	Adults only

## Wednesday

6:30am to 9am	Public swim
6:30am to 3:45pm	Lane swim – 2 lanes
11:30am to 1:15pm	Public swim
11am to 3:45pm	Lane swim – 2 lanes
6:15pm to 8pm	Public swim and lane swim – 2 lanes
8pm to 9pm	Adults only

## Thursday

6:30am to 9am	Public swim and lane swim – 2 lanes
10:45am to 1pm	Public swim and lane swim – 2 lanes
5:15pm to 7pm	Public swim and lane swim – 2 lanes

## Friday

7:30am to 9:15am	Public swim and lane swim – 2 lanes
11am to 1:15pm	Public swim
11am to 3:45pm	Lane swim – 2 lanes
5:15pm to 6:30pm	Public swim
5:30pm to 6:30pm	Lane swim – 2 lanes
8:30pm to 9:30pm	Adults only lane swim – 2 lanes



## Saturday

10:15am to 12:30pm	Public swim and lane swim – 2 lanes
1pm to 3pm	Family swim

## Sunday

8am to 12pm	Public swim and lane swim – 2 lanes
12:30pm to 3pm	Family swim and Lane swim – 2 lane

## Teaching pool

### Monday

7:30am to 9am	Public swim
12pm to 3pm	Public swim
5pm to 6:45pm	Public swim

### Tuesday

6:30am to 10:30am	Public swim
11:30am to 1:15pm	Public swim
7:15pm to 8pm	Public swim

### Wednesday

6:30am to 3pm	Public swim
6:15pm to 8pm	Public swim

### Thursday

6:30am to 9am	Public swim
11am to 1pm	Public swim
5:15pm to 7pm	Public swim

### Friday

7:30am to 9:15pm	Public swim
11am to 1pm	Public swim
2:15pm to 3:15pm	Public swim
5:15pm to 8pm	Public swim

### Saturday

10:15pm to 12:30pm	Public swim
1pm to 5pm	Family swim

### Sunday

8am to 10am	Public swim
10:15am to 12pm	Family swim
12:30pm to 3pm	Family swim



To book family swims and fun sessions please call: 01922 652266

To book Aquafit please [book here](#)

## Walsall Leisure Child Admission Policy

- All children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
- In public swimming sessions, in all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
- In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4
- Management may use their discretion to amend these ratios.

