

Oak Park Active Living Centre

Main pool times during Easter Half term 2023

Monday 3rd April

7am to 1:30pm	Public swim
7am to 1:30pm	Lane swim – 3 lanes
2pm to 3:30pm	Floats fun session, booking advised
4pm to 6pm	Lane swim – 3 lanes
6pm to 8pm	Public swim
6pm to 8pm	Lane swim – 3 lanes
8pm to 9pm	Aquafit, booking advised
9pm to 10pm	Adult swim

Monday 10th April – Bank Holiday

7am to 3:30pm	Public swim
7am to 3:30pm	Lane swim – 3 lanes

Tuesday

7am to 11:30am	Public swim
7am to 11:30am	Lane swim – 3 lanes
11:30am to 12:30pm	Aquafit, booking advised
2pm to 3:30pm	Inflatable fun session, booking advised
4pm to 6pm	Lane swim – 3 lanes
6pm to 8pm	Public swim
6pm to 10pm	Lane swim – 3 / 8 lanes

Wednesday

7am to 1:30pm	Public swim
7am to 1:30pm	Lane swim – 3 lanes
2pm to 3:30pm	Floats fun session, booking advised
4pm to 7:30pm	Lane swim – 3 lanes



6pm to 8:30pm Public swim
8:30pm to 10pm Lane swim – 4 lanes

Thursday

7am to 1:30pm Public swim
7am to 1:30pm Lane swim – 3 lanes
2pm to 3:30pm Inflatable fun session, booking advised
4pm to 7:30pm Lane swim – 3 lanes
6pm to 7:30pm Public swim
9pm to 10pm Lane swim – 8 lanes

Friday 7th April – Bank Holiday

7am to 3:30pm Public swim
7am to 3:30pm Lane swim – 3 lanes

Friday 14th April

7am to 11:30am Public swim
7am to 11:30am Lane swim – 3 lanes
11:30am to 12:30pm Aquafit, booking advised
12:30pm to 1:30pm Public swim
2pm to 3:30pm Floats fun session, booking advised
4pm to 7:30pm Lane swim – 3 lanes
6pm to 7:30pm Public swim
9pm to 10pm Lane swim – 8 lanes

Saturday

8am to 1:15pm Public swim
8am to 1:15pm Lane swim – 3 / 4 lanes
1:45pm to 2:45pm Inflatable fun session, booking advised
3pm to 4pm Inflatable fun session, booking advised



Sunday

8am to 5pm

Public swim

9am to 5pm

Lane swim – 3 lanes

Teaching pool

Monday 3rd April

9am to 10:30am

Toddler splash

11:30am to 12:30pm

Public swim, booking advised

12:30pm to 1:30pm

Aqua-therapy, assessment required

2pm to 3:30pm

Floats fun session, booking advised

6:30pm to 8pm

Public swim

8pm to 9pm

Aquafit, booking advised

Tuesday

8:30am to 10:30am

Public swim, booking advised

11:30am to 12:30pm

Aquafit, booking required

12:30pm to 1:30pm

Public swim, booking advised

2pm to 3:30pm

Floats fun session, booking advised

6pm to 8pm

Floats fun session, booking advised

8:30pm to 9:30pm

Aqua-therapy, assessment required

Wednesday

8am to 9am

Aqua-therapy, assessment required

11:30am to 1:30pm

Public swim, booking advised

2pm to 3:30pm

Floats fun session, booking advised

6pm to 7:30pm

Public swim

Thursday

9am to 10:30am

Splash and Play

11:30am to 1:30pm

Public swim, booking advised



2pm to 3:30pm Floats fun session, booking advised
6:30pm to 7:30pm Floats fun session, booking advised

Friday 7th April – Bank Holiday

9am to 10am Family swim, booking advised
10:15am to 11:15am Family swim, booking advised
11:30am to 12:30pm Family swim, booking advised
12:45pm to 1:45pm Family swim, booking advised
2pm to 3pm Family swim, booking advised

Friday 14th April

11:30am to 12:30pm Aquafit, booking required
12:30pm to 1:30pm Public swim, booking advised
2pm to 3:30pm Floats fun session, booking advised
6pm to 7:30pm Public swim

Saturday

12pm to 2pm Family swim, booking advised
2pm to 3:30pm Floats fun session, booking advised
3pm to 4pm Family swim, booking advised

Sunday

10am to 11am Family swim, booking advised
11:15am to 12:15pm Floats fun session, booking advised
12:30pm to 1:30pm Family swim, booking advised
1:45pm to 2:45pm Floats fun session, booking advised
3pm to 4pm Family swim, booking advised

