

Swimming Programme

Main Pool



	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00
Monday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 7.00am – 9.00am		Public Swimming 9.00am – 1.30pm							Schools 1.30pm – 3.00pm		Public Swimming 3.00pm – 4.00pm		Adult Lane Swim 4.00pm – 6.00pm		Swimming Lessons 4.00pm – 6.00pm		Public Swimming 6.00pm – 8.00pm		AquaFit 8pm – 9pm <i>*Booking advised</i>		Adult Swim 9pm-10pm								
Tuesday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 7.00am – 9.00am		Schools 9.00am – 10.30am		Public Swimming 10.30am – 11.30am		AquaFit 11.30am – 12.30pm <i>*Booking advised</i>		Public Swimming 12.30pm – 1.30pm		Schools 1.30pm – 3.00pm		50+ Swim 3.00pm – 4.00pm		Adult Lane Swim 4.00pm – 6.00pm		Swimming Lessons 4.00pm – 6.00pm		Public Swimming 6.00pm – 8.00pm		Chase Swimming Club 8.00pm – 9.00pm		Adult Lane Swimming 8.00pm – 10.00pm							
Wednesday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 7.00am – 9.00am		Schools 9.00am-10.00am		Public Swimming 10.00am – 1.30pm							Schools 1.30pm – 3.00pm		Public Swimming 3.00pm – 4.00pm		Adult Lane Swim 4.00pm – 6.00pm		Swimming Lessons 4.00pm – 6.00pm		Public Swimming 6.00pm – 8.30pm		Lichfield Swimming Club 8.30pm – 10.00pm								
Thursday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 7.00am – 9.00am		Public Swimming 9.00am – 1.30pm							Schools 1.30pm – 3.00pm		50+ Swim 3.00pm – 4.00pm		Adult Lane Swim 4.00pm – 6.00pm		Swimming Lessons 4.00pm – 6.00pm		Public Swimming 6.00pm – 7.30pm		Burntwood Swimming Club 7.30pm – 9.00pm		Adult Lane Swimming 9.00pm – 10.00pm								
Friday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 7.00am – 9.00am		Public Swimming 9.00am – 11.30am				AquaFit 11.30am – 12.30pm <i>*Booking advised</i>		Public Swimming 12.30pm – 1.30pm		Schools 1.30pm – 3.00pm		Public Swimming 3.00pm – 4.00pm		Adult Lane Swim 4.00pm – 6.00pm		Swimming Lessons 4.00pm – 6.00pm		Public Swimming 6.00pm – 7.30pm		Walsall Swimming Club 7.30pm – 9.00pm		Adult Lane Swimming 9.00pm – 10.00pm							
Saturday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 8.00am – 9.00am		Public Swimming 9.00am – 1.15pm							Inflatable Fun Session 1.45pm – 2.45pm <i>*Booking advised</i>		Inflatable Fun Session 3.00pm – 4.00pm <i>*Booking advised</i>		Party Hire 4.15pm – 5.00pm		Swimming Gala Bookings 6.00pm – 9.00pm														
Sunday	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8	Early Morning Swimming 8.00am – 9.00am		Public Swimming 9.00am – 5.00pm											Walsall Swimming Club 5.00pm – 7.30pm				Walsall Leisure Child Admission Policy												
		Lane Swim 8.00am-9.00am		Swimming Lessons 9.00am – 11.30am				Lane Swimming 11.30am – 1.15pm																							
		Lane Swim 8.00am – 9.00am		Swimming Lessons 8.00am – 10.30am																											
				Lane Swimming 9.00am – 5.00pm																											

- Walsall Leisure Child Admission Policy**
- All Children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
 - In Public swimming sessions; In all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
 - In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4 – Management may use their discretion to amend these ratios.

Swimming Programme Teaching Pool

	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30
Monday			Toddler Splash (0.6m) 9.00am – 10.30am			Public Swimming 10.30am – 12.30pm		*Aqua-therapy 12.30 – 1.30pm		Schools 1.30pm – 3.00pm						Swimming Lessons 3.30pm – 6.30pm					Public Swimming 6.30pm – 8.00pm		*Aqua-therapy 8.00pm – 9.00pm					
Tuesday			Schools 9.00am – 10.30am		Parent & Toddler 10.30am – 11.30am		*Aqua-therapy 11.30am – 12.30pm		Public Swimming 12.30pm – 1.30pm		Schools 1.30pm – 3.00pm						Swimming Lessons 3.30pm – 6.00pm		Floats Fun Swim 6.00pm – 8.00pm				*Aqua-therapy 8.30pm – 9.30pm					
Wednesday	*Aqua-therapy 8.00am – 9.00am		Schools 9.30am – 10.30am		Swim lessons 9.30am – 10.30am		Adult Lesson 10.30am – 11.15am		Adult Lesson 11.15am – 12.00pm		Public Swimming 12.00pm – 1.30pm		Schools 1.30pm – 3.00pm				Swimming Lessons 3.30pm – 6.00pm		Public Swimming 6.00pm – 7.30pm		Lifesaving 7.30pm – 8.30pm							
Thursday			Splash & Play 9.00am – 10.00am		Schools 10.00am – 12.00pm		Public Swimming 12.00pm – 1.30pm		Schools 1.30pm – 3.00pm								Swimming Lessons 3.30pm – 6.30pm		Floats Fun Swim 6.30pm – 7.30pm		Burntwood Swimming Club 7.30-9pm							
Friday			Swimming Lessons 9.00am – 11.00am		Schools 11.30am – 12.30pm		*Aqua-therapy 12.30pm – 1.30pm		Public Swimming 1.30pm – 3.00pm		Schools 1.30pm – 3.00pm						Swimming Lessons 3.30pm – 6.30pm		Public Swimming 6.30pm – 7.30pm		Adult Lessons 7.30pm – 8.30pm							
Saturday	Swimming Lessons 8.00am – 12.00pm					*Family Swim 12.00pm – 1.00pm		*Family Swim 1.00pm – 2.00pm		*Floats Fun Swim 2.00pm – 3.00pm		*Family Swim 3.00pm – 4.00pm		Party Hire 4.15pm – 5.00pm														
Sunday	Swimming Lessons 8.00am – 10.00am		*Family Swim 10.00am – 11.00am		*Floats Fun Swim 11.15am – 12.15pm		*Family Swim 12.30pm – 1.30pm		*Floats Fun Swim 1.45pm – 2.45pm		*Family Swim 3.00pm – 4.00pm		Walsall Swimming Club 5.00pm – 7.30pm															

*Aqua-therapy- Suitable self assessment required

*Booking advised

Contact our teams who will be happy to advise and help with your enquiry.

Oak Park Active Living Centre

Coppice Road, Walsall Wood Walsall WS9 9BH

Tel: 01922 652266 www.walsall.gov.uk/leisure

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Walsall Leisure



Walsall Council

Leisure Services from Walsall Council