

# Understanding your brain (for teenagers only!)

## Online course for residents of Walsall

- Have you noticed changes in your behaviour?
- Do you sleep more than you used to?
- Want to know why teenagers are more open-minded?

### Your brain is changing! Find out more!

Register on: [www.inourplace.co.uk](http://www.inourplace.co.uk)  
and enter the 'access code'

### **WALSAPARNT**

to gain **FREE** (prepaid) access where eligible

### For technical support contact:

[solihull.approach@heartofengland.nhs.uk](mailto:solihull.approach@heartofengland.nhs.uk)

or call 0121 296 4448

Mon-Fri, 9am-5pm



Walsall Council



**PROUD OF OUR PAST, OUR PRESENT AND FOR OUR FUTURE**