Young Carers ID Card

An Information Guide for Young Carers







What is a young carers ID card?

The young carers ID card can help you in a number of ways, including:

- Raising awareness of your caring roles and responsibilities
- To discreetly let people know you are a young carer, without having to share personal details over and over again
- Formally recognising you for the role you do
- To give you confidence to ask for help or understanding from professionals like teachers, doctors and school nurses



You can show your young carers card and use it when you:

- are having problems at school and need to speak to a young carer's champion
- to make staff at school aware that you are a young carer
- would like to see the school nurse to discuss something worrying you or to get some extra support
- are worried about a family member and need to call home
- need extra help with your schoolwork or homework
- are attending a health appointment with a family member you care for

The Walsall Young Carers service will let your school and other key professionals know that you are a young carer and have been issued with this card to make them aware that you might ask them for help and support.

We will also let your school and other services know how they can support you, explain what the ID card means and to give them some ideas about how they can be helpful and supportive. There are lots of benefits to having an ID card, but its not compulsory that you have one, its your choice.

Once you have received your card please make sure you sign it, keep it safe, use it when you need to and please let the Young Carers Service know if you lose it so we can issue you with another. The card and your young carer's assessment will be reviewed every 12 months.

There are many other types of support you can also access in Walsall, please look at the young carer's website go.walsall.gov.uk or speak to the service by emailing the YoungCarersEarlyHelp@walsall.gov.uk or call the Early Help Young Carers Officer Donna Ricketts on 07506092870.